

STIs: WHAT'S ON THE HORIZON

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School of Medicine**

Conflicts -- None

STIs: WHAT'S ON THE HORIZON

Overview

Epidemiology

Gonorrhea

HIV/AIDS

Hepatitis C

Human Papilloma Virus

Conclusions

STIs: STATE OF THE STATE AND STATE OF THE DISEASE

- ***Chlamydia trachomatis***
- ***Neisseria gonorrhoeae***
- ***Treponema pallidum***
- **Human Immunodeficiency virus
(HBV, HCV, HPV, CMV, HSV, HAV,
MCV, Crabs, Scabies,
Mycoplasma)**

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- *Neisseria gonorrhoeae*
- *Treponema pallidum*
- **Human Immunodeficiency virus**
(HBV, **HCV**, **HPV**, CMV, HSV, HAV,
MCV, Crabs, Scabies,
Mycoplasma)

HOT TOPICS: STIs

HIV/AIDS

- Prevention
- Test → Engage care

N. gonorrhoeae

- Resistance

HPV

- Vaccine

(Hepatitis C)

- Test
- Treat

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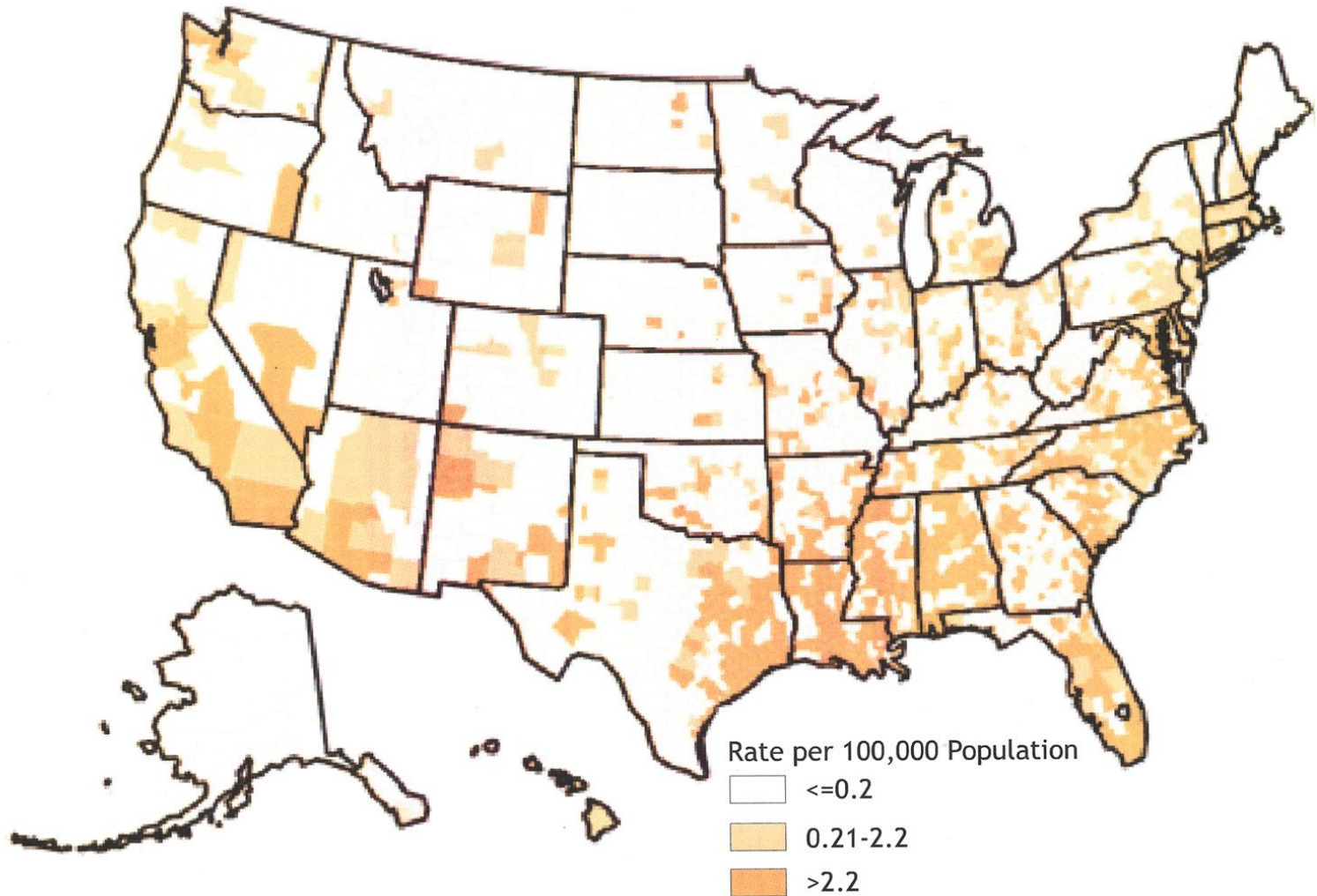
Hepatitis C

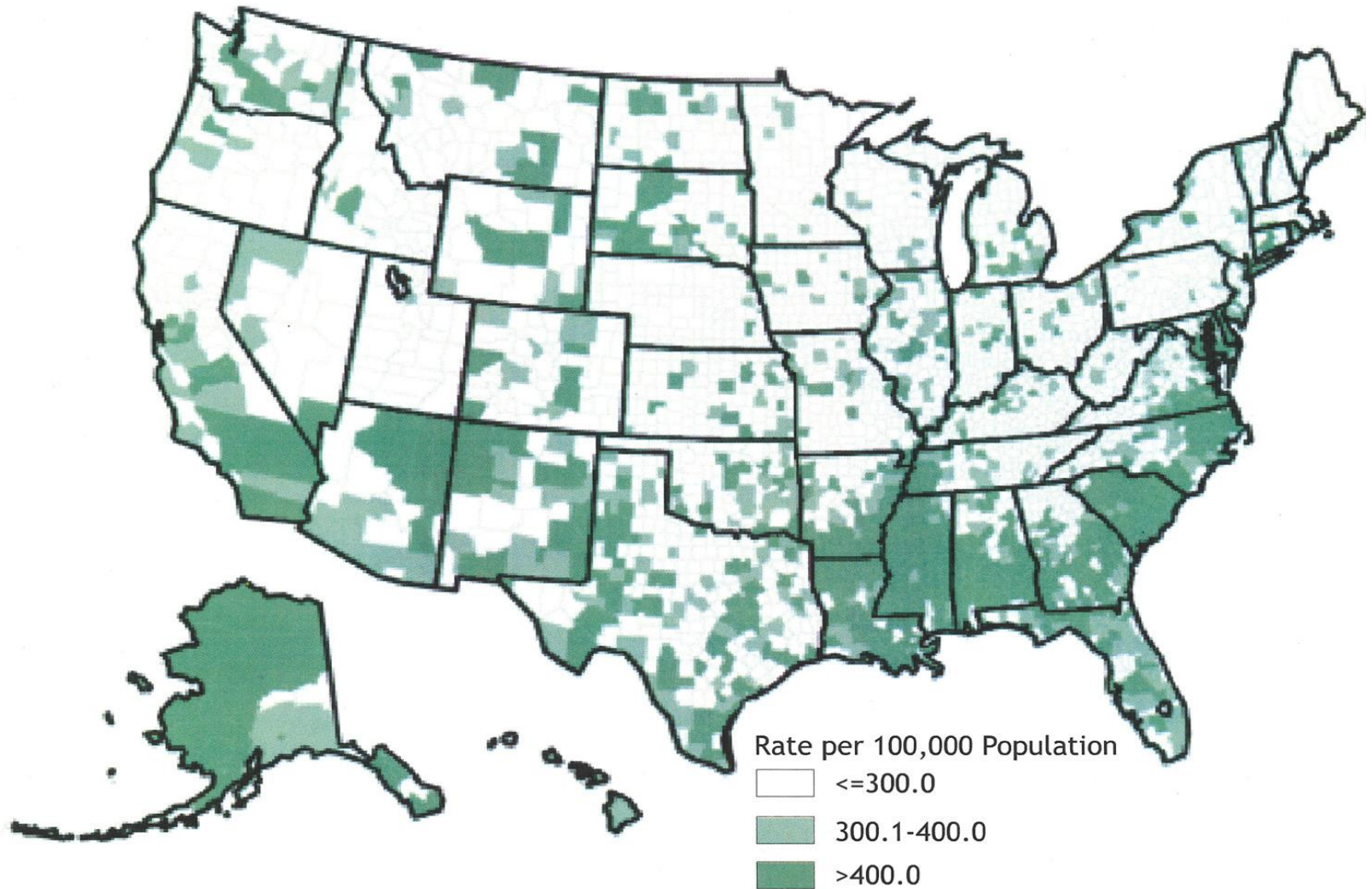
Human Papilloma Virus

Conclusions

STD RATES BY GEOGRAPHIC LOCATION

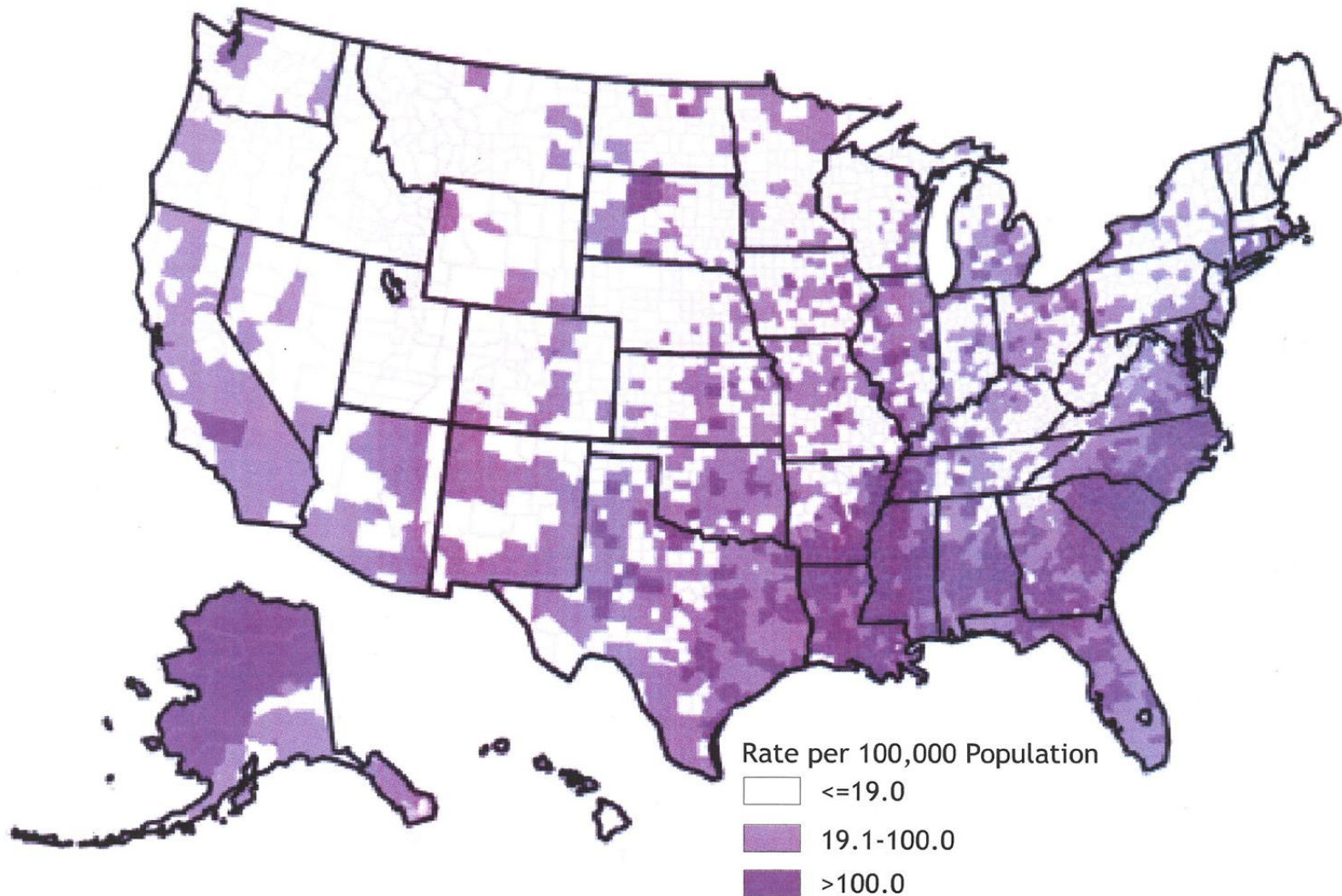
- SYPHILIS 2009





STD RATES BY GEOGRAPHIC LOCATION

-- GONORRHEA



STI RATES* AND RANKINGS:

Maryland and US 2010

	US	MD	Rank
AIDS	10.8	22.1	#2
Syphilis congenital	8.7	28.7	#2
Syphilis 1 & 2	4.5	5.8	#7
GC	101	130	#11
<i>C. trachomatis</i>	426	460	#14

***Rate,100,000/pop.**

STD RATES: Maryland Trends*

	2002	2007	2011	Change (10 yr)
<i>C. trachomatis</i>	314	412	489	+26%
<i>N. gonorrhoea</i>	174	121	111	-36%
<i>T. pallidum</i>	4.2	6.1	7.8	+86%**

***/100,000 population**

**** Baltimore increase 19 → 38**

Source: Center for STD, DHMH & BCHD

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The Elephant in the Room: GC Resistance

Rates: 1976-96 ↓ 76%

1996-2009 Plateau

2010-2011 ↑ 2.8%

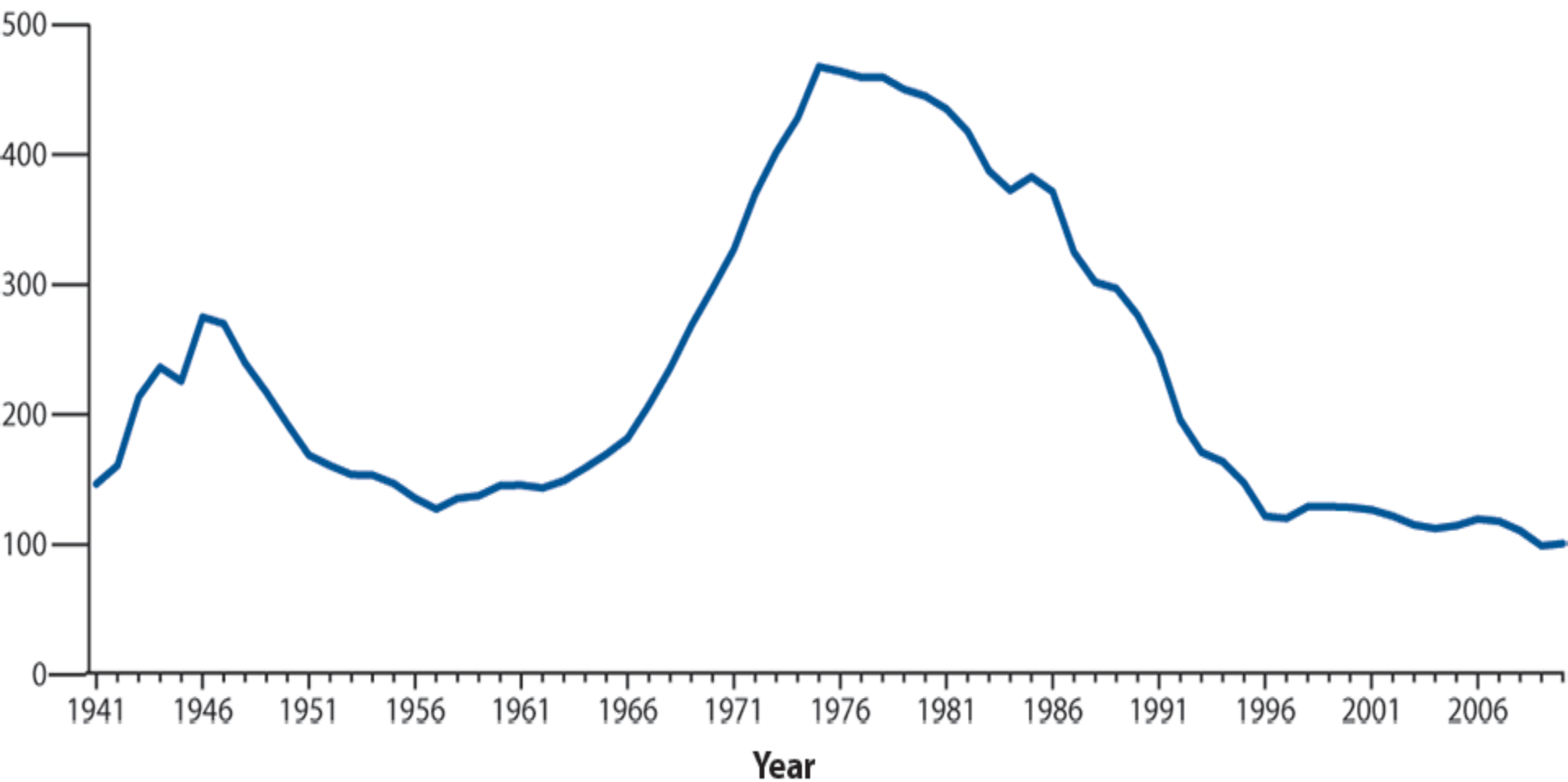
Demographics – AA:White = 18.7

Resistance

- **Ceftriaxone: Only drug left**
- **Cefixime, azithro or quinolones resistance – MSM**

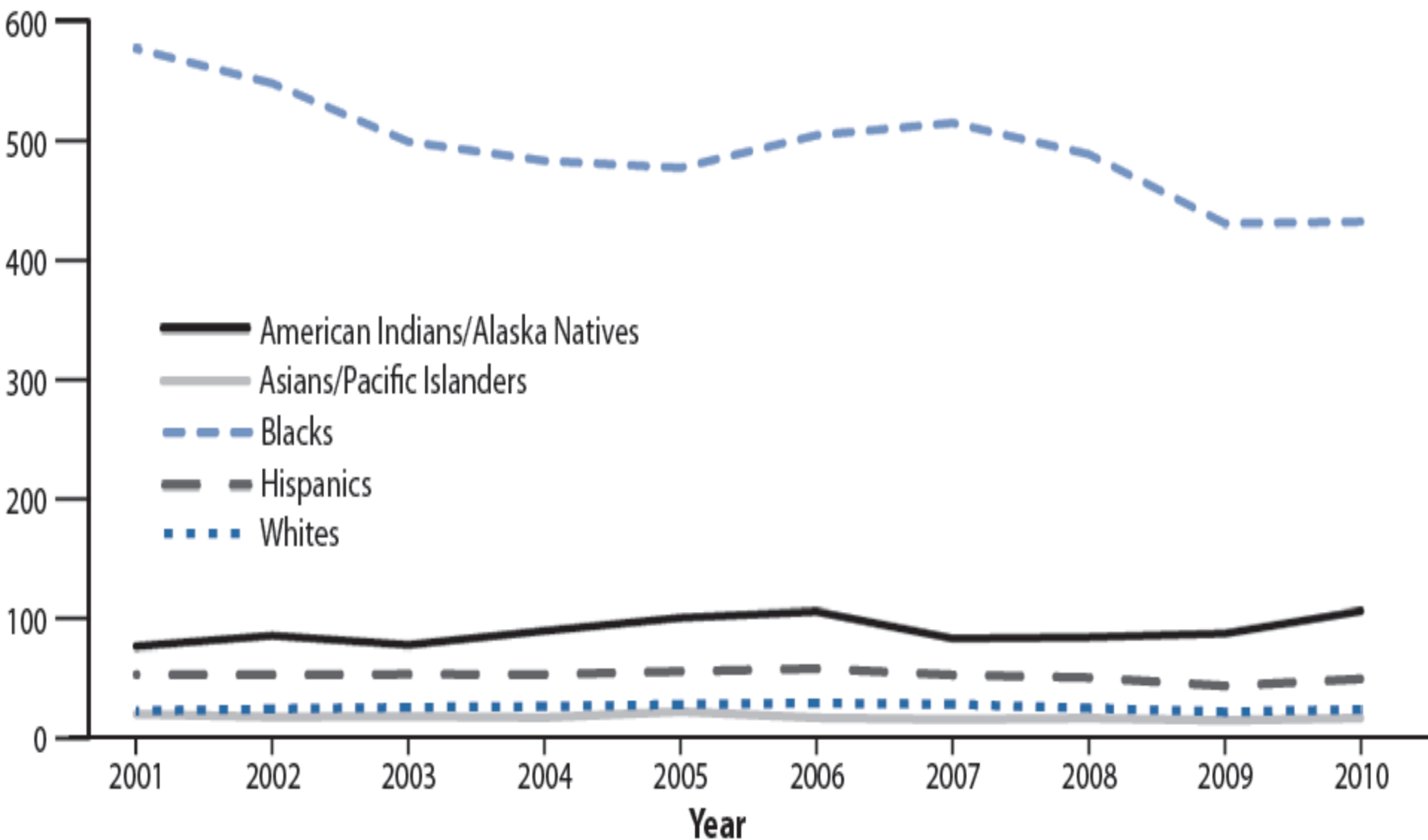
Gonorrhea—Rates, United States, 1941–2010

Rate (per 100,000 population)

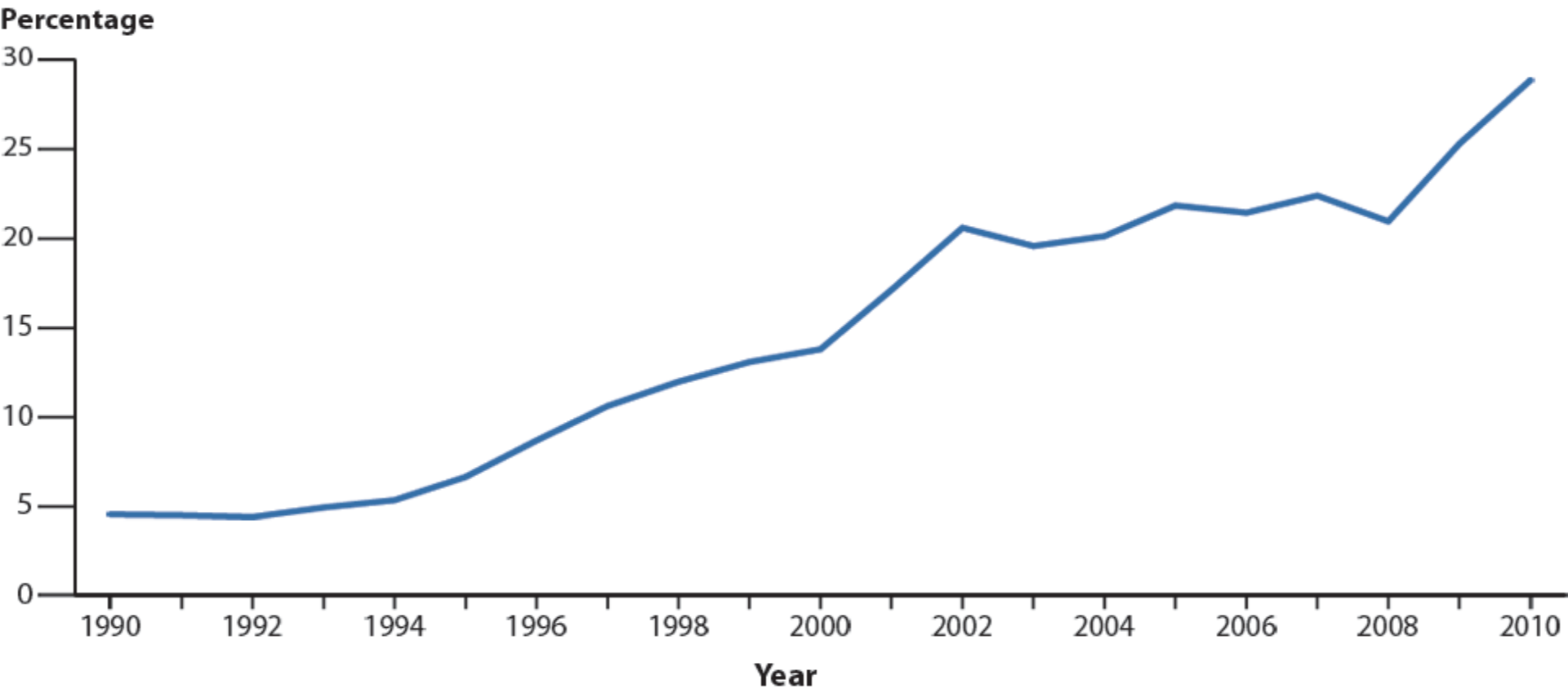


Gonorrhea—Rates by Race/Ethnicity, United States, 2001–2010

Rate (per 100,000 population)



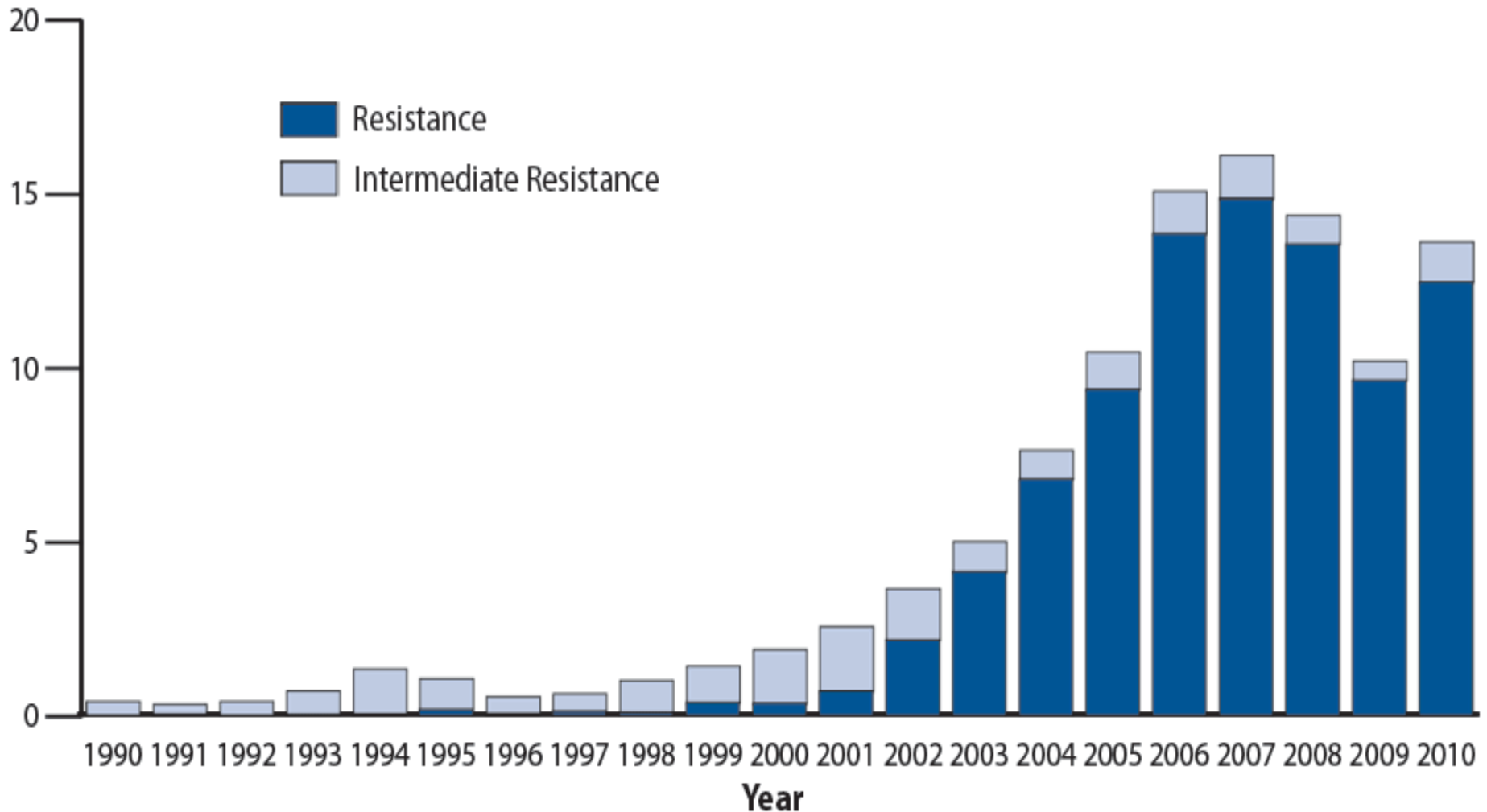
Gonococcal Isolate Surveillance Project (GISP)—Percentage of Urethral *Neisseria gonorrhoeae* Isolates Obtained from MSM* Attending STD Clinics, 1990–2010



* MSM = men who have sex with men.

Gonococcal Isolate Surveillance Project (GISP)— Percentage of *Neisseria gonorrhoeae* Isolates with Resistance or Intermediate Resistance to Ciprofloxacin, 1990–2010

Percentage



EMERGING THREAT OF GONOCOCCAL INFECTION

(Bolan G. NEJM 2012;366:485)

Surveillance: Second most common reportable disease (600,000/yr)

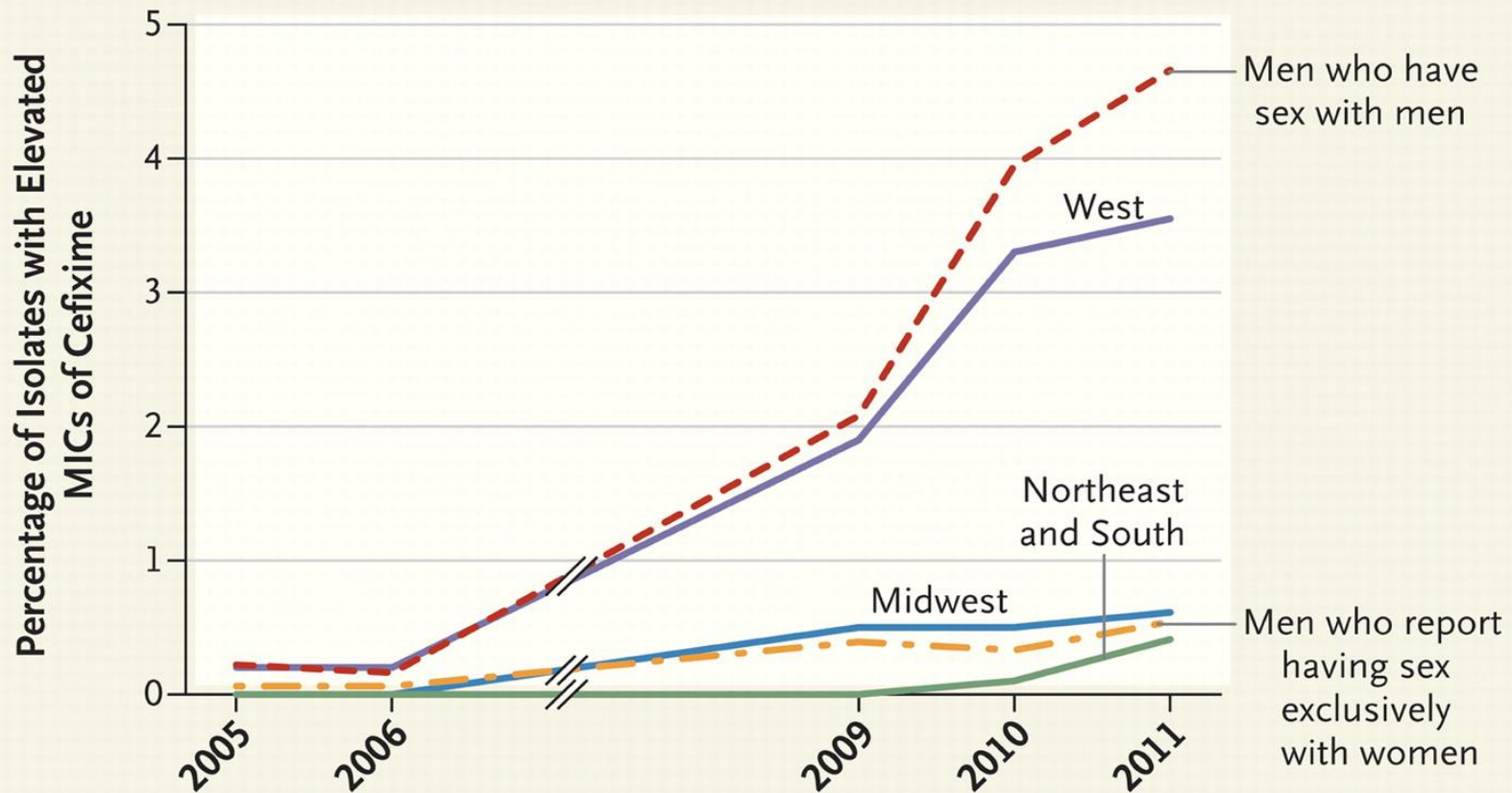
Risk: “Marginalized” – AA, MSM

Resistance: “Always” develops

- Sulfanilamide – 1940’s
- Penicillin and tetra – 1980
- Fluoroquinolones – 2007
- Cephalosporins, 3rd generation – MIC increased 17 fold 2006-11

Concerns: 1) Must rebuild labs for sensitivity testing (and pay for it) and 2) Spectinomycin and 3) Vaccine ?

RESISTANT *N. GONORRHOEAE* BY LOCATION, RISK AND YEAR (Bolan G. NEJM 2012;366:485)



Bolan GA et al. N Engl J Med 2012;366:485-487.

RESISTANCE: NEW THREATS

GNB – Carbapenems, etc

MRSA – Vancomycin

***N. gonorrhoea* – Cefixime, FQ**

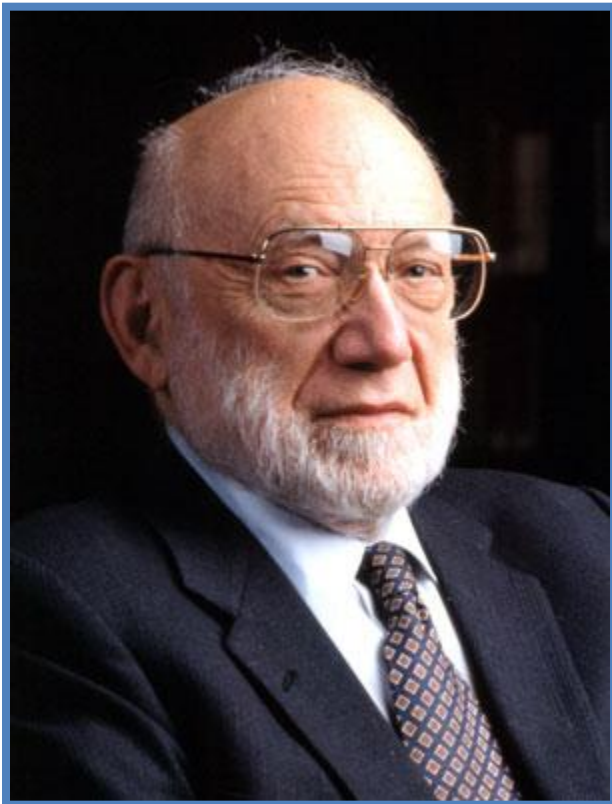
Influenza – Oseltamivir

***M. tuberculosis* – Rif, INH**

Malaria – Artemisinin

Cholera – ESBL, FQ

“The future of humanity and microbes will likely evolve as...episodes of our wits versus their genes.”



**Nobel Laureate
Joshua Lederberg
Science 2000;288:287**

**Discovery of highly resistant bacteria in Lechuguilla Cave
indicating age >3.5 million years
(Wright G. PLoS One – in press)**



THE HISTORY OF INFECTIOUS DISEASE 2020

2000 BC: Eat this root – it heals

1000 AD: Roots are heathen – Say
this prayer

1850 AD: Prayer is superstitious,
Drink this potion

1940 AD: That potion is snake oil –
Penicillin is the miracle

1985 AD: Penicillin no longer works –
This new antibiotic is better

2020 AD: Those antibiotics don't
work anymore – eat this root

***N. gonorrhoeae*: TREATMENT**

1937: Sulfonamides

1940: Penicillin

1972: Pen dose ↑ and probenecid

1987: Sentinel surveillance

1990 – 08: Resistance

**2006: { Ceftriaxone
Cefixime
Cipro/levo/Oflox } + Azitho/Doxy**

**Current: Ceftriazone 250 mg IM + Azithro
1 gm or doxy 100 bid x 7 d**

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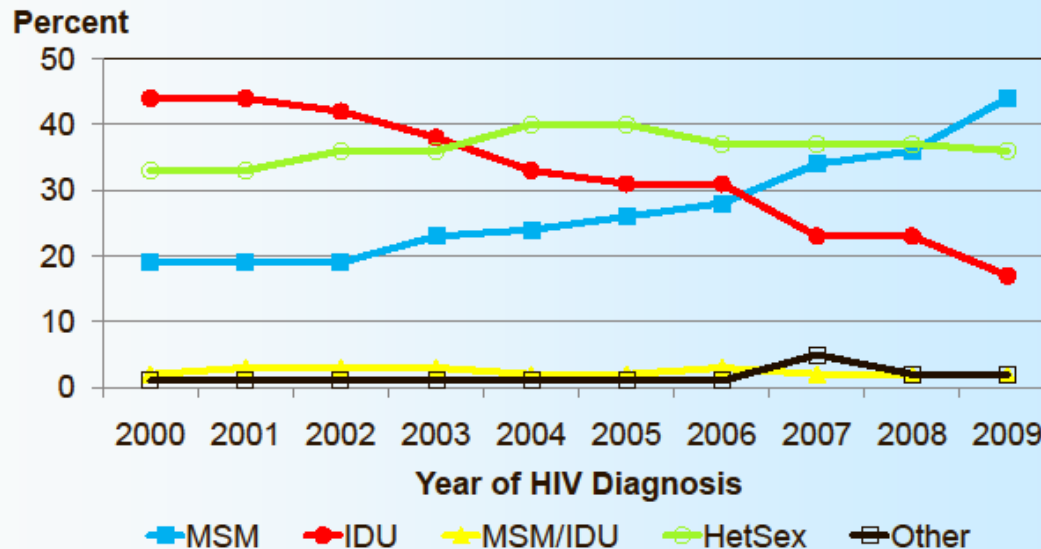
Human Papilloma Virus

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HIV/AIDS: MARYLAND



Reported HIV Diagnosis Trends by Exposure Category



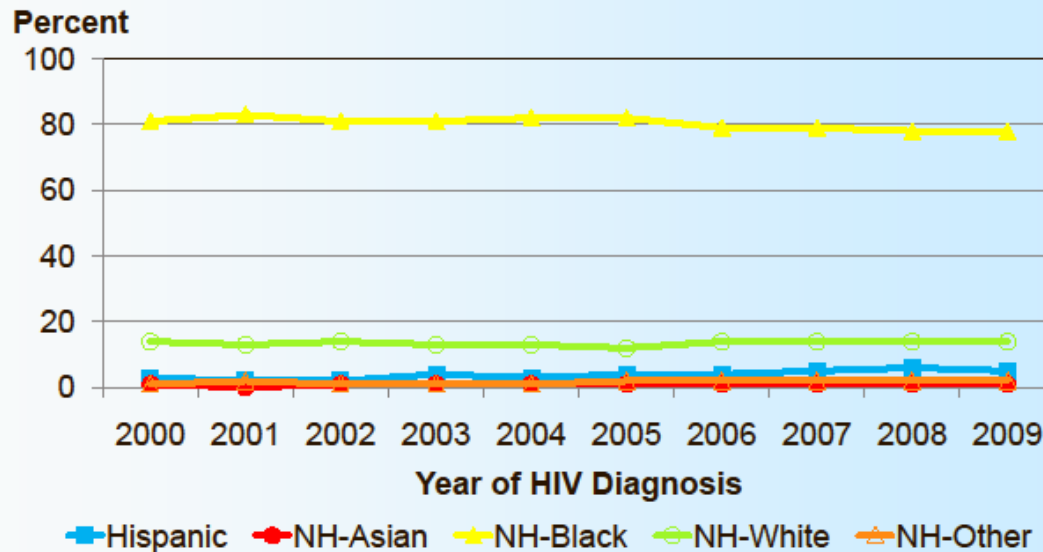
Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
March 3, 2011

HIV/AIDS: MARYLAND



Reported HIV Diagnosis Trends by Race/Ethnicity



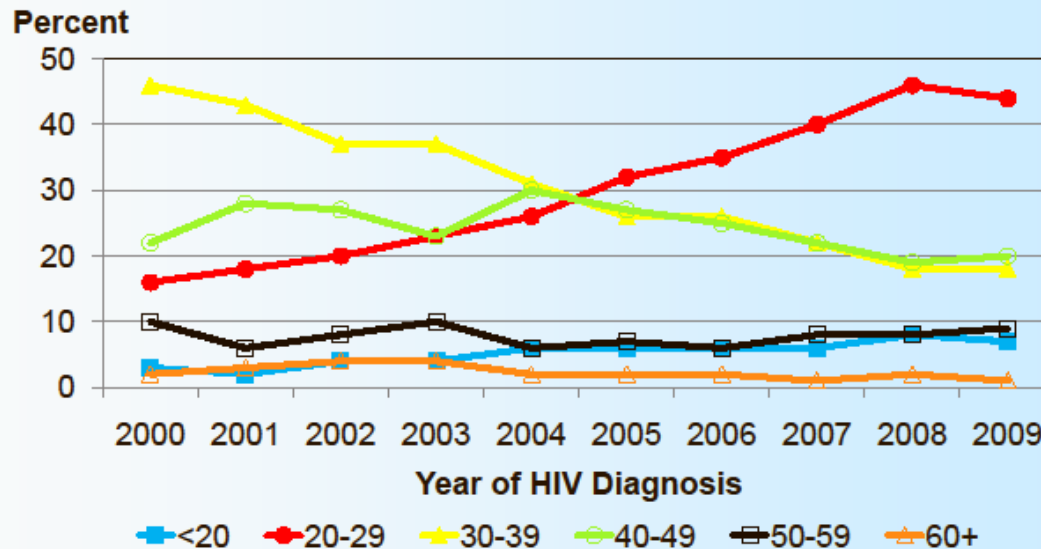
Using data as reported through 12/31/2010

Maryland Infectious Disease and
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HIV/AIDS: MARYLAND



Reported HIV Diagnosis Trends by Age at Diagnosis MSM Exposure



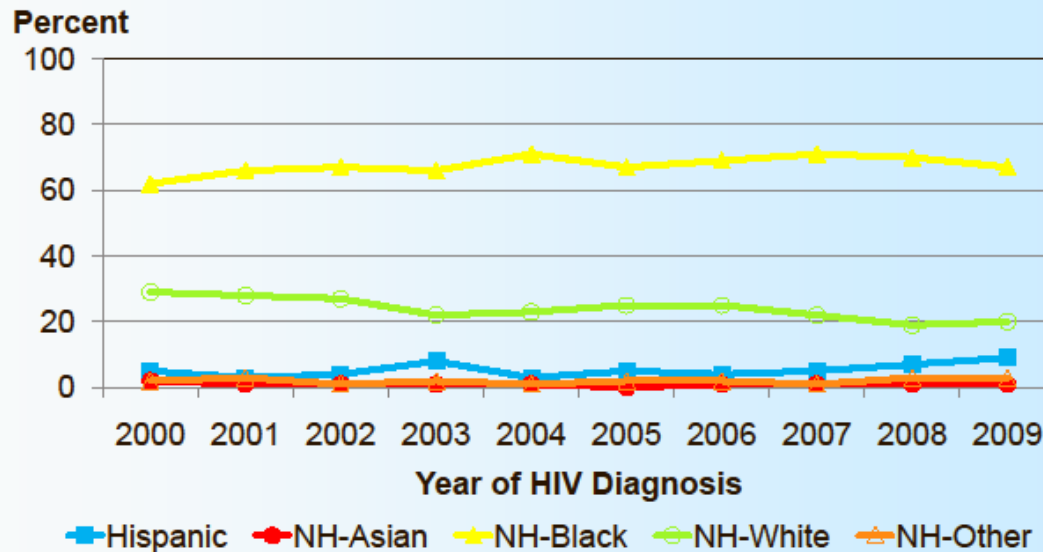
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HIV/AIDS: MARYLAND



Reported HIV Diagnosis Trends by Race/Ethnicity MSM Exposure



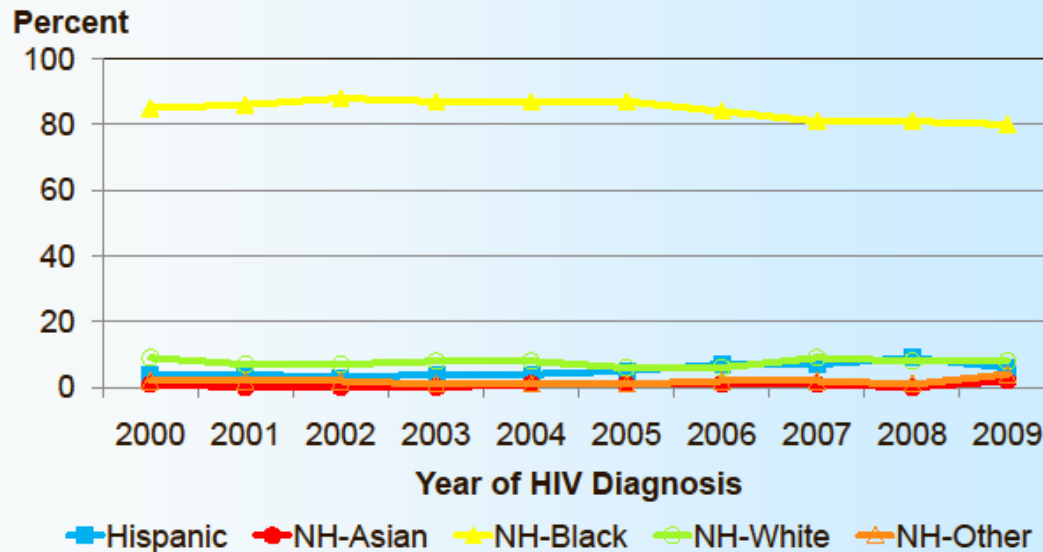
Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
March 3, 2011

HIV/AIDS: MARYLAND



Reported HIV Diagnosis Trends by Race/Ethnicity Heterosexual Exposure



Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
March 3, 2011

HIV/AIDS: MARYLAND

Rank: #2 state (2010)

Rate: 5 x national average

Regional assets:

- **MADAP, DHMH, BCHD**
- **Clinical services**

State of HIV science:

- **Treatment (done-Fauci/2008)**
- **Priorities: Prevention and TLC**

Challenges:

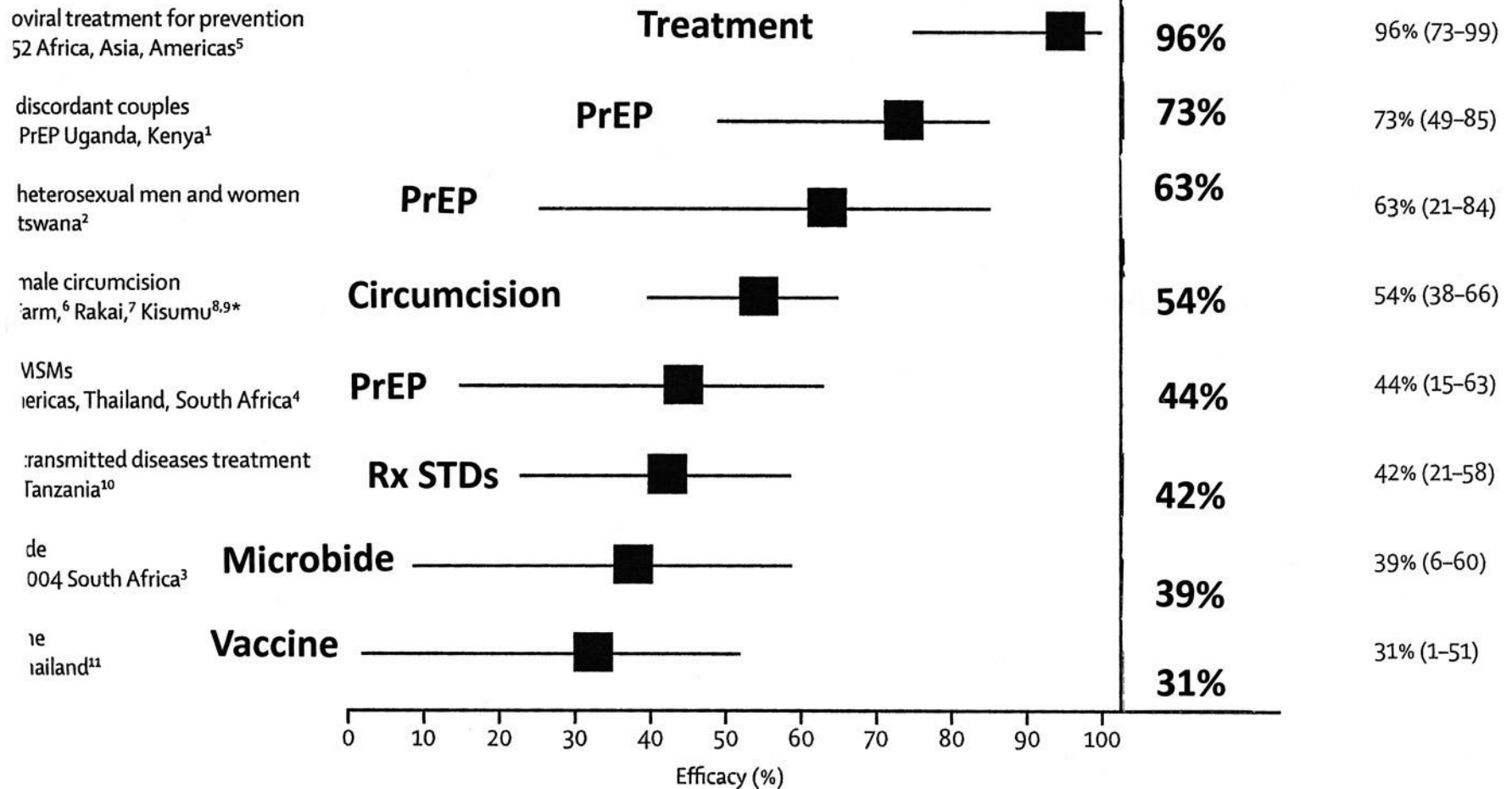
- **Prevention**
- **Test → link → retain**

WILL WE PREVENT HIV?

- **Rate of new cases in US stable at 50,000-55,000/yr – 1990-present**
- **Prevention Methods:**
 - Condoms: Variable usage**
 - PrEP (40-90%): Cost/toxicity/adherence**
 - Circumcision (50%): Not US issue**
 - Needle exchange: ? Impact**
 - Vaccine (30%): Rebirth of interest**
 - ART (96%): Washington DC trial**

HIV PREVENTION 2009-12

Effect size (95% CI)



prevention technologies shown to be effective in reducing HIV incidence in randomised controlled trials¹⁻¹¹
 exposure prophylaxis. *Meta-analysis of circumcision trials.

**HIV TREATMENT FOR PREVENTION:
HPTN 052 M. Cohen (PI)
(Cohen MS. NEJM 2011;365:493)**

Protocol: Discordant couples, CD4 350-550: Randomized to ART vs. no ART until CD4 <250

Results: N=1,763 (M=890, F=873)

	ART n=886	No Art n=877
HIV transmission*	1**	27

*Linked cases

**Protection with ART = 96% -- Validity of single case is unclear

The background of the entire cover is a deep magenta or purple color with a textured, almost fibrous appearance. Scattered throughout this background are numerous small, bright blue spheres, some of which are slightly out of focus, giving a sense of depth. These spheres resemble microscopic particles or cells.

Science

23 December 2011 | \$10

BREAKTHROUGH OF THE YEAR

HIV Treatment as Prevention

Effect of Increasing ART on Cases of New HIV: British Columbia

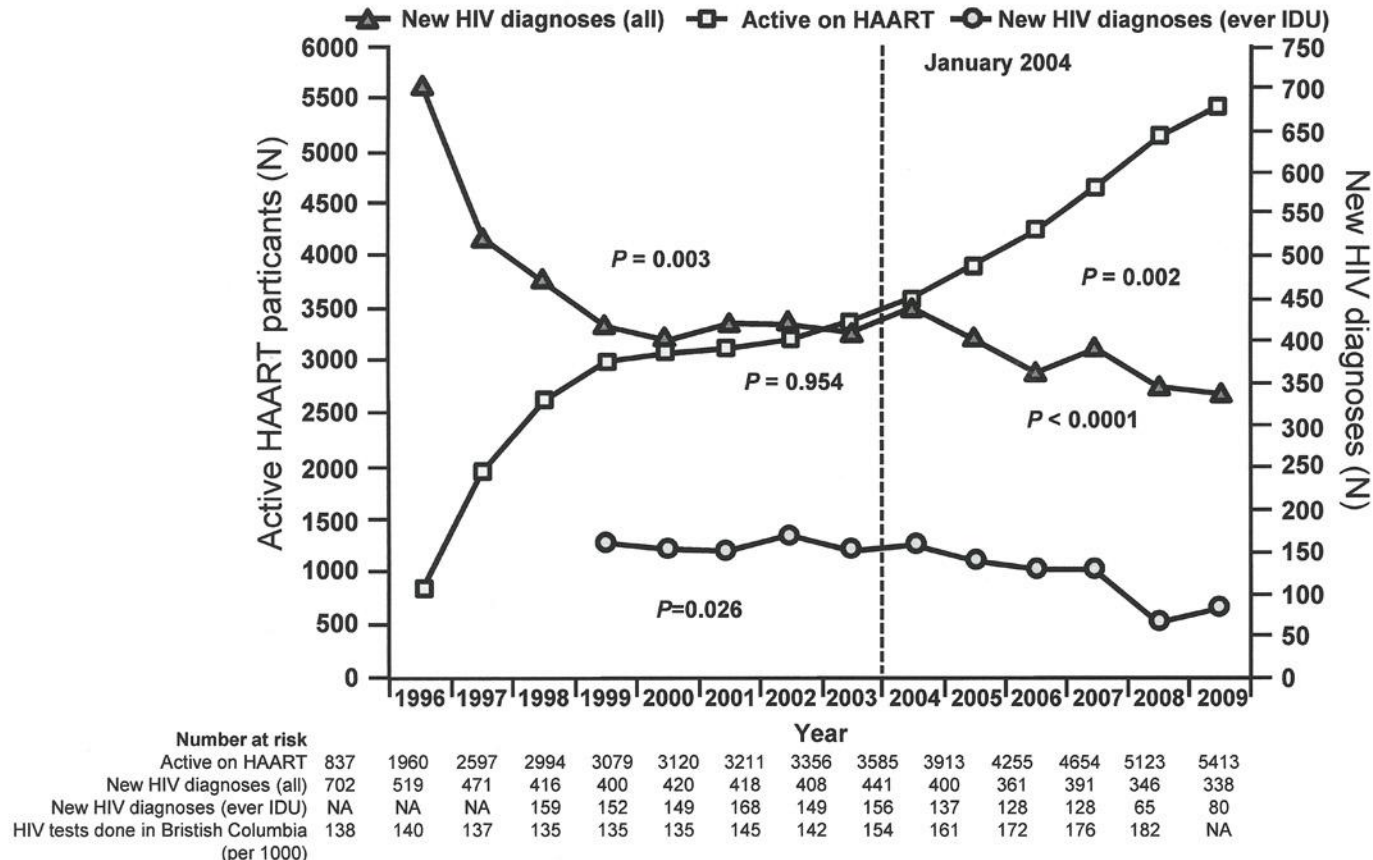


Figure 1: Number of active HAART participants and number of new HIV diagnoses per year in British Columbia, Canada, 1996-2009. *P* values are for trend and were obtained from the generalized additive model. IDU, injecting drug user.

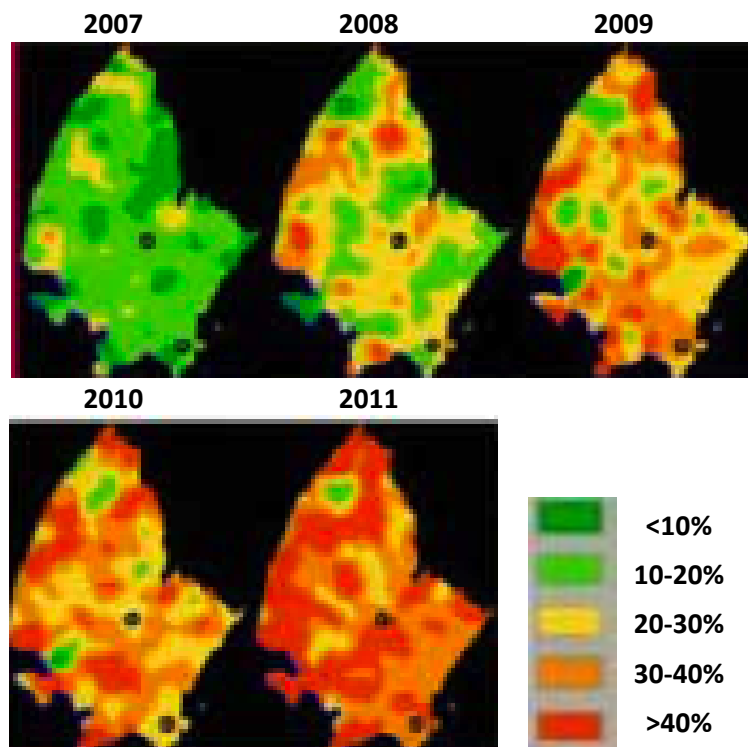
Montaner et al. *Lancet*. 2010;376(9740):532-539. Reprinted with permission.

Treatment as Prevention: Effect of ART Coverage on HIV Incidence in Rural South Africa

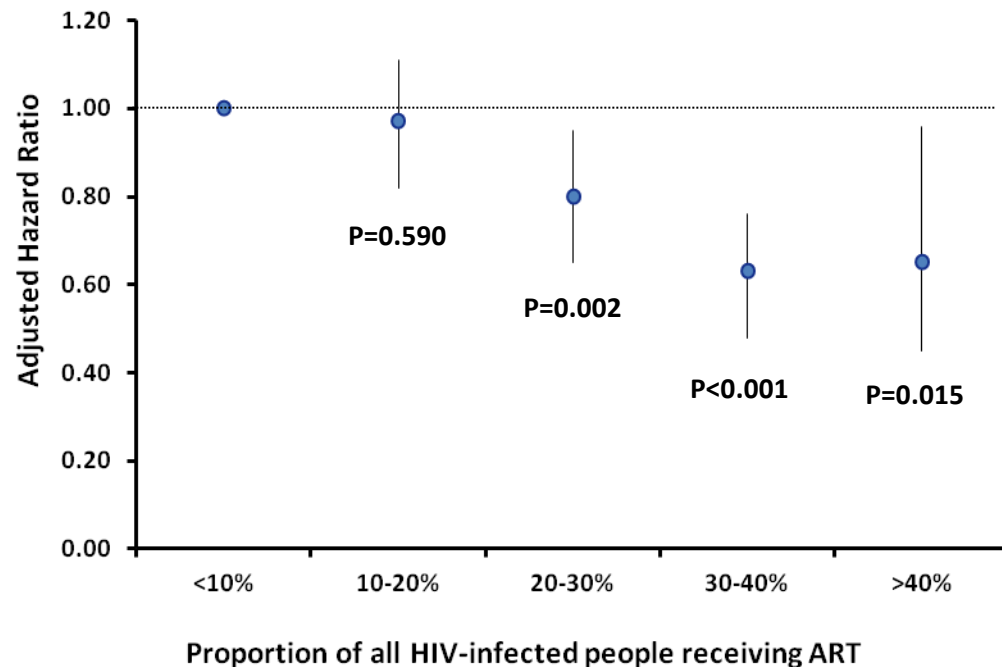
(Tanser F. 2012 CROI; Abstr. 136LV)

- Annual population based HIV surveillance in rural KwaZulu-Natal
- 2004 – 2011: 1395 HIV seroconversions among 16,588 HIV negative adults ≥ 15 years of age

Spatial Estimates of Proportion of HIV Patients on ART



Adjusted HIV Infection Rate by ARV Coverage Category



Efficacy of Daily Oral FTC/TDF PrEP

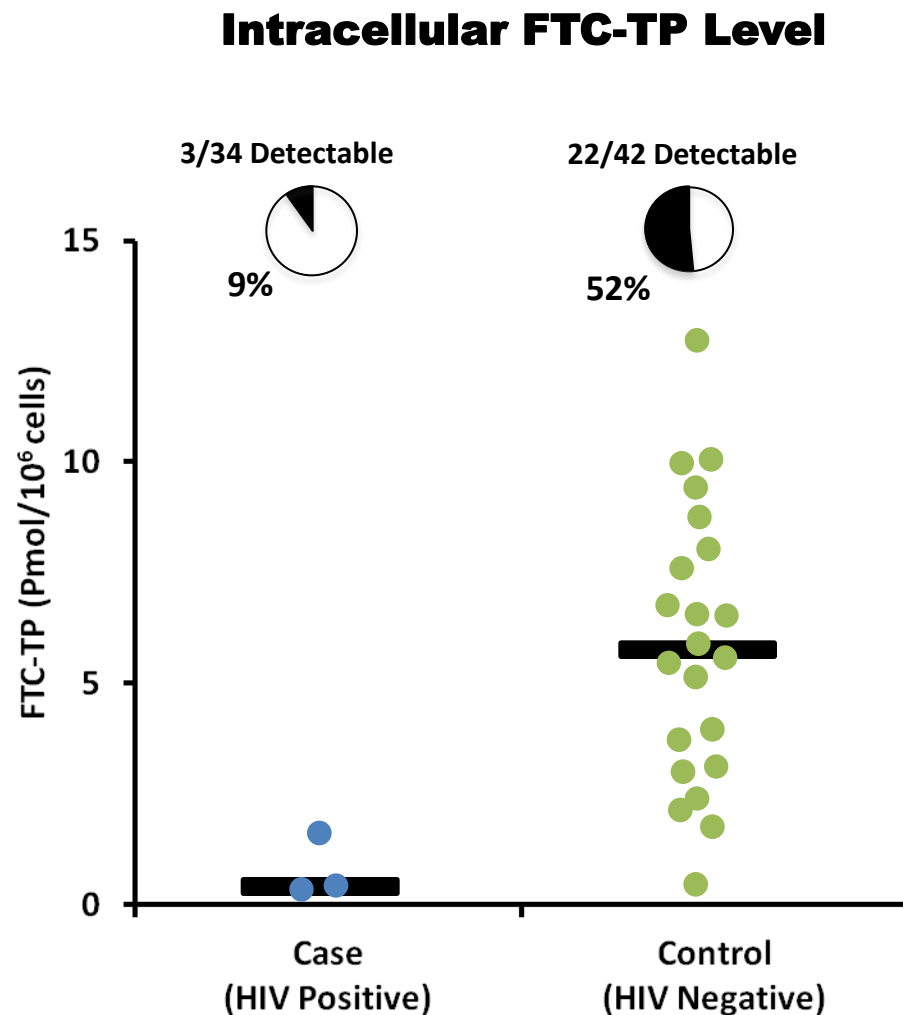
Trial	Pop.	Efficacy	95% CI
iPrEx	MSM	42%	18 to 60%
Partners PrEP	Men	83%	49 to 94%
	Women	62%	19 to 82%
TDF2	Men	80%	25 to 97%
FemPrep*	Women	49%	-22 to 81%
VOICES*	women	TDF only arm discontinued	

*DSMB recommended discontinuation for futility; drug level testing is in progress.

Grant NEJM 2010, Grant IAS Rome 2011, Baeten IAS Rome 2011, Thigpen IAS Rome 2011; FHI Press Release April 18, 2011

Drug Detection Related to HIV Risk in the Active Arm of iPrEx

- **Detection of drug correlated with decreased HIV risk, after controlling for age, risk behavior, education, or BMI (OR 12.9, $P < 0.001$)**
- **92% reduction in HIV risk (95% CI: 71-99%)**



CHALLENGES OF PrEP

Adherence: Huge Issue

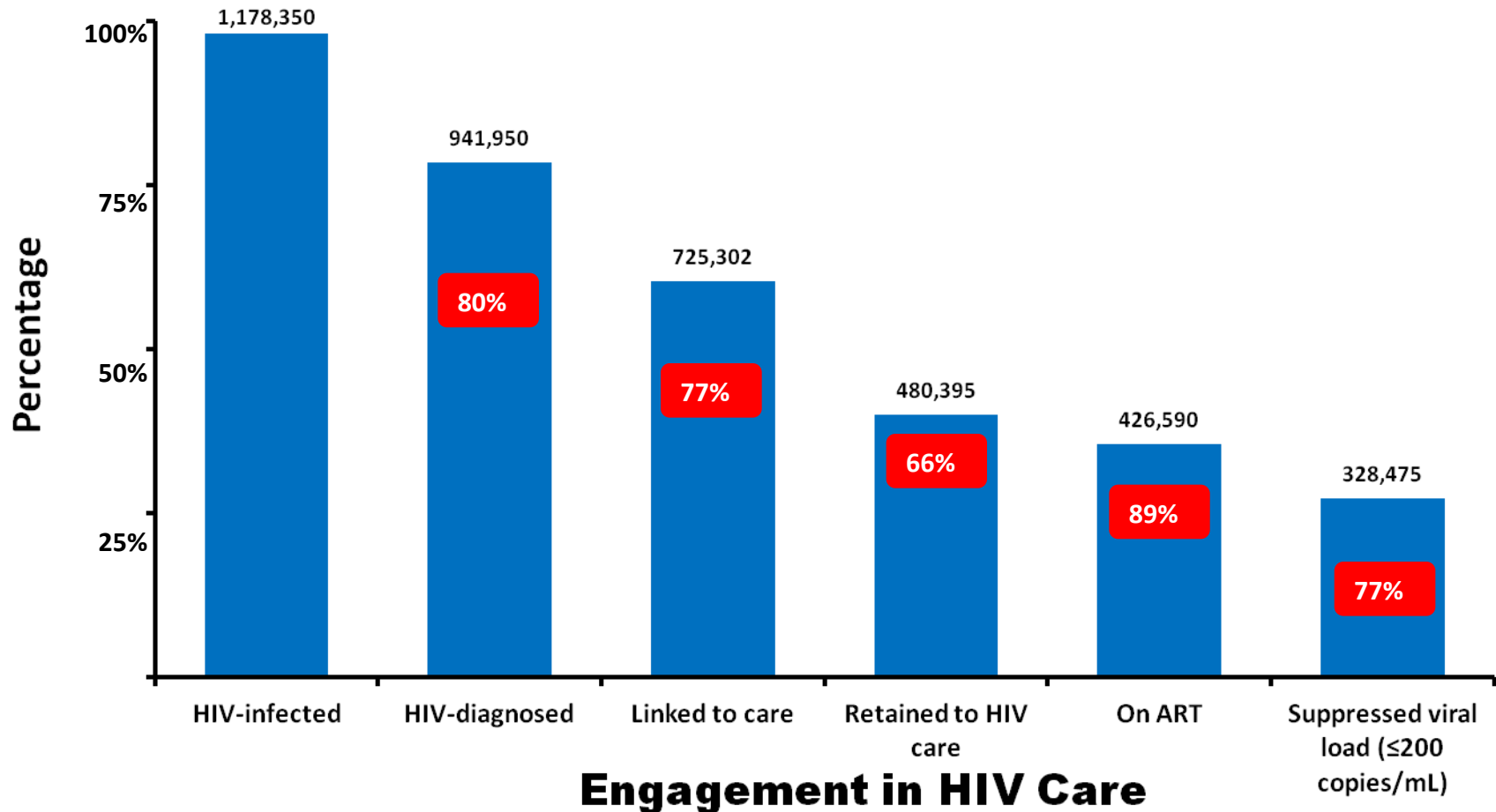
Cost: TDFD/FTC AWP =
\$1391.45/mo

CDC recs (?): 4 medical visits/yr
for ADR and HIV serology

Long term toxicity (?)

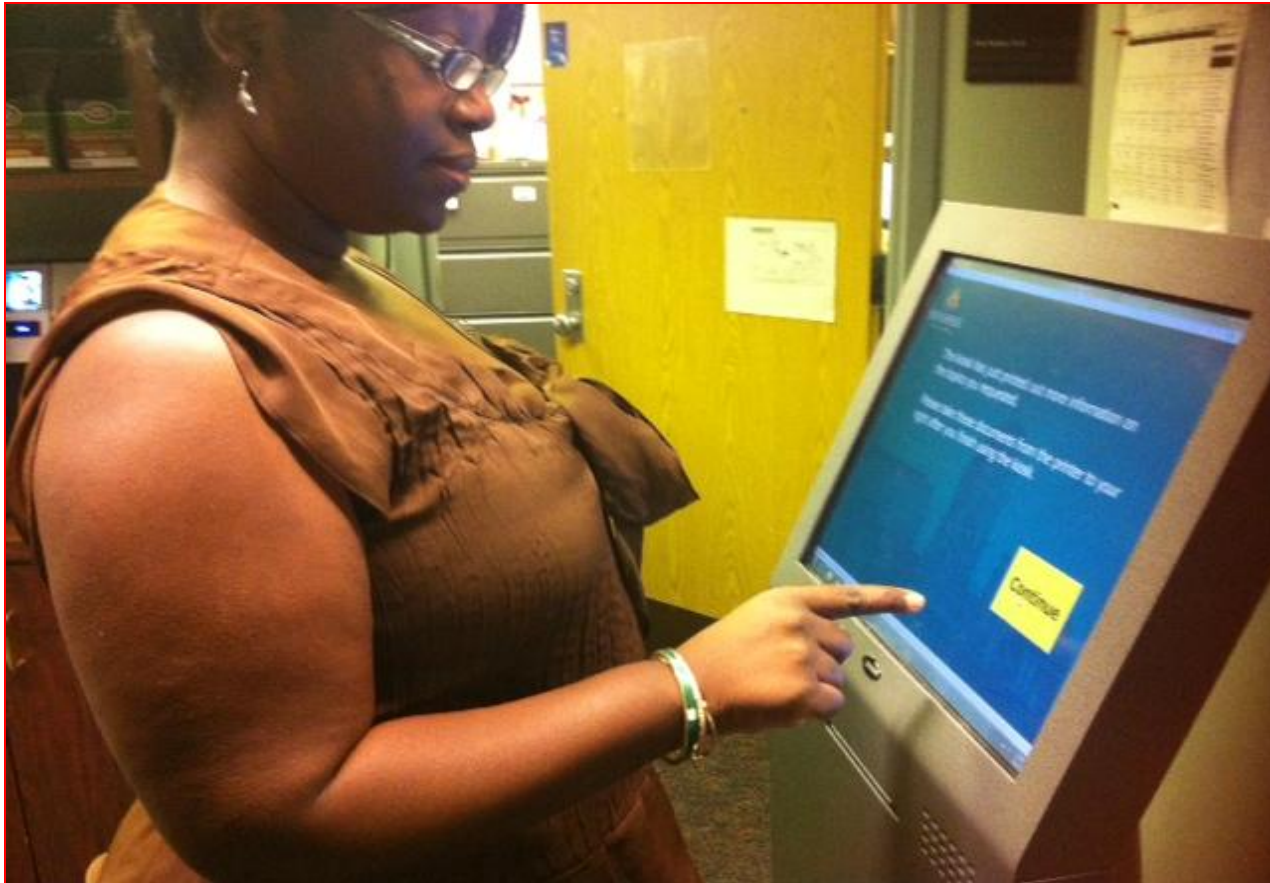
What will happen(?): Selective use

The Continuum of HIV Care -- US



Of all with HIV infection, 850,000 individuals do not have suppressed HIV RNA (72%)

CONSUMER AT KIOSK FOR SELF TEST



Do you know HIV status?

Do you want to test yourself?

Potential: GC, CT, Syphilis trichomoniasis, HCV

**Detection of *C. trachomatis*,
N. gonorrhoeae and *T. vaginalis* in
dry shipped self collected swabs.
(Gaydos C. Diagn Microbiol Inf Dis 2012;73:16)**

**Background: New cases/yr US-CT: 3
million; GC – 0.7M, TV – 8M**

**Method: Self collected vaginal swabs
→ mailed to the lab (Baltimore to
Birmingham) → NAAT test**

Detection: 10 organisms

**DETERMINE HIV 1/2 Ag/Ab
Combo POC TEST
(Branson B. JID 2012;205:521)**

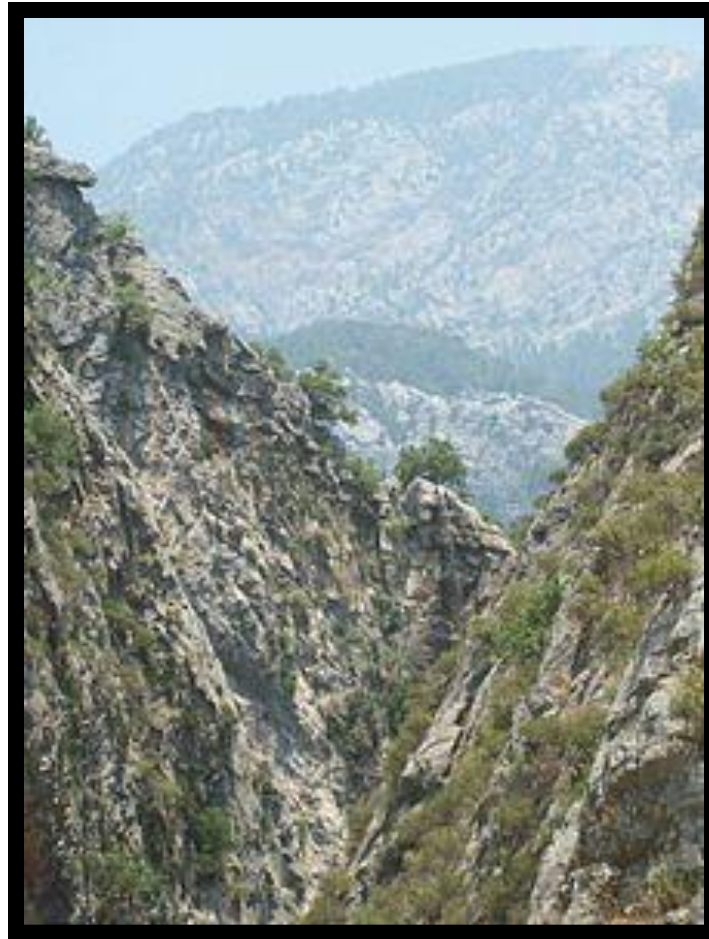
Detects HIV Ab and p24Ag

Advantages

- **POC**
- **Requires no electricity, water or large equipment**
- **Sensitivity with acute HIV (10 days)**
- **Detects HIV-1 and HIV-2**

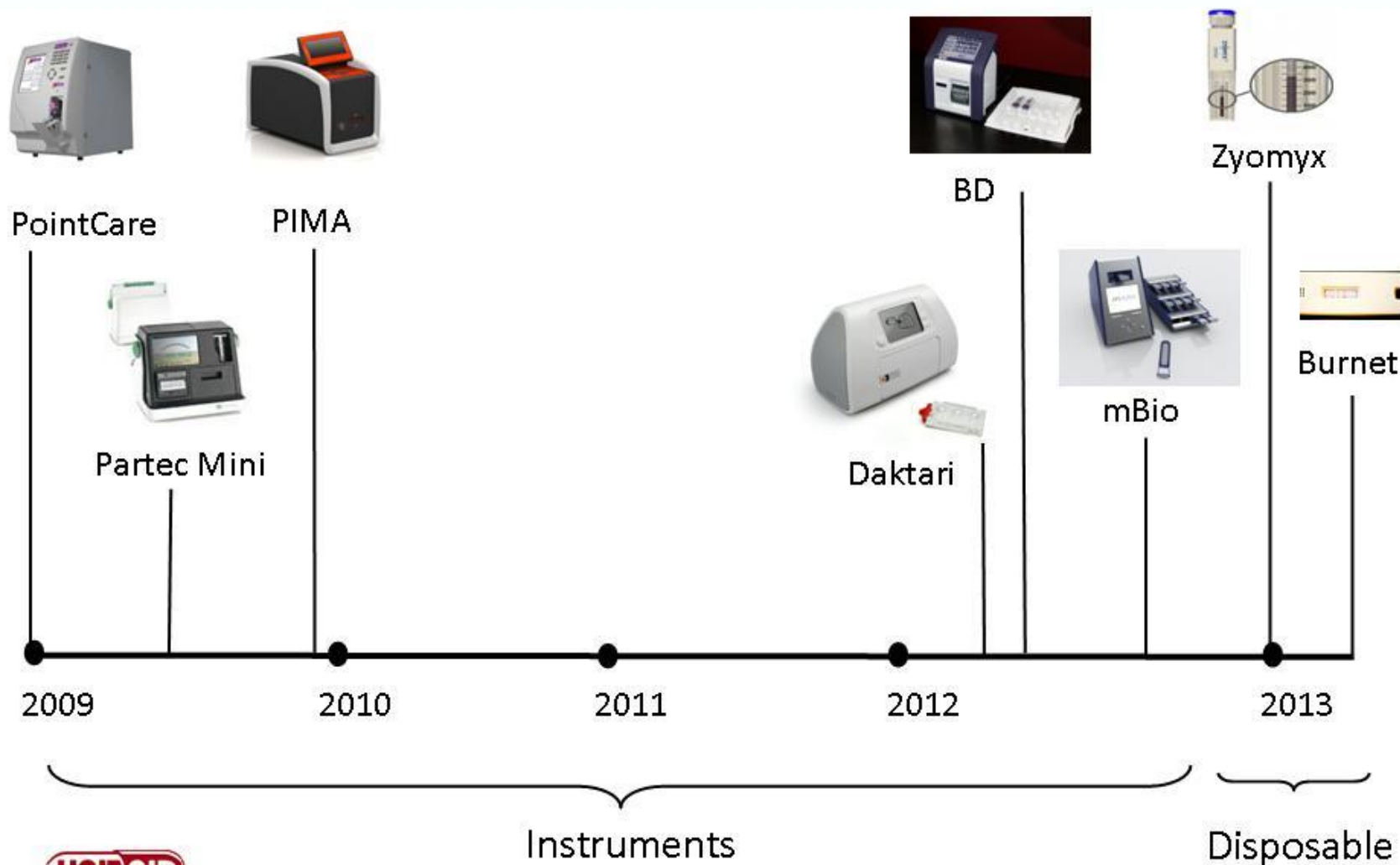
WHY 30% of persons who test positive for HIV do not know it

**HIV
Test
Positive**



WB

Point-of-Care CD4 Technologies in the Pipeline*



*Estimated; timeline and sequence may change.

P4P4P: THE STATUS OF PAYING PATIENTS FOR SELF CARE

Practice: Widespread and international

Incentives: Cash, groceries, lottery tickets, meal tickets.

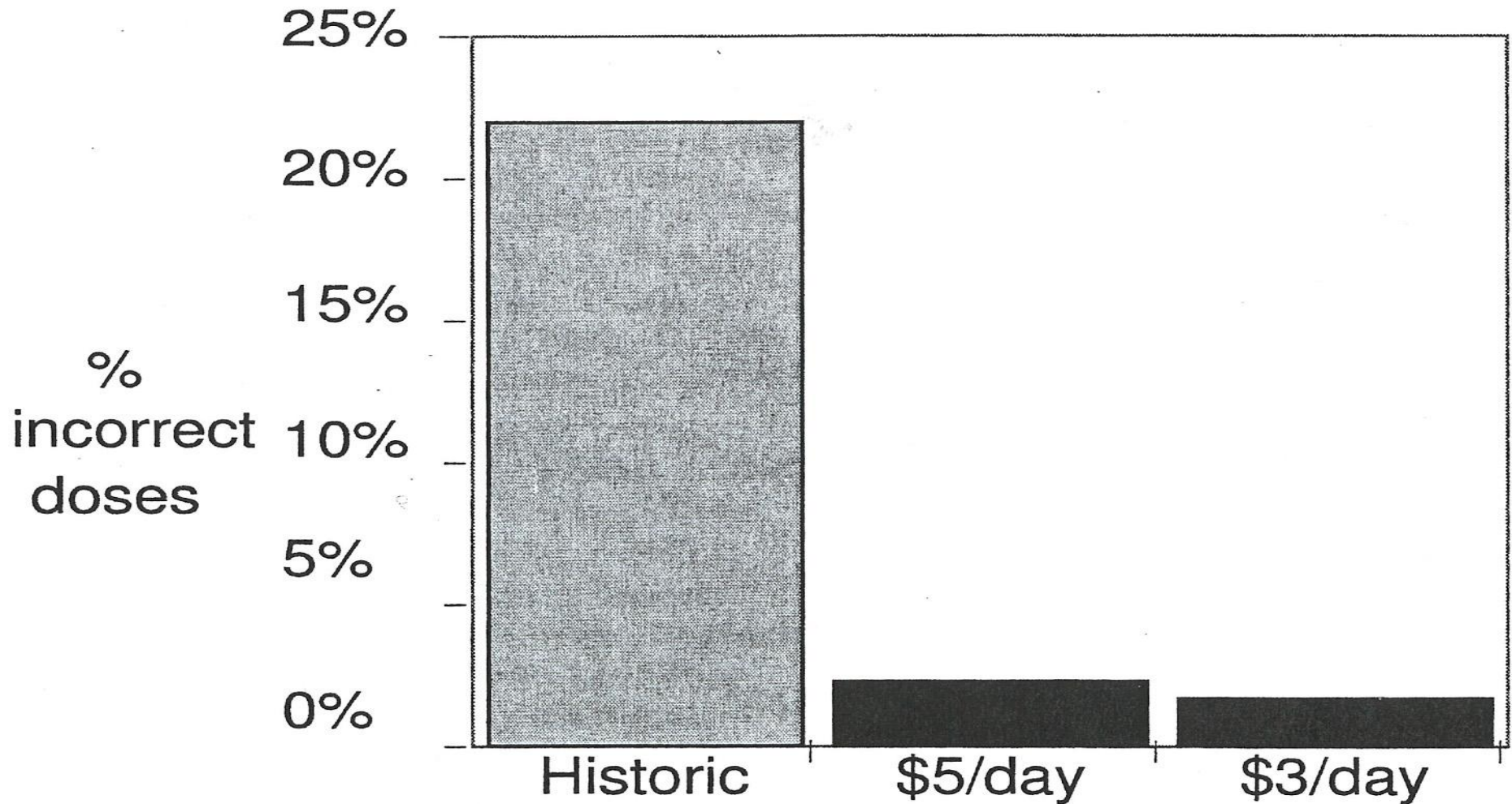
Conditions: Chronic – smoking, obesity , BP control, diabetes, HIV

HIV trial: HPTN 65 – Controlled trial, (unblinded) HIV test – \$25, Enroll in care – \$70, NDV – \$280/yr (1.7% of HIV care cost)

Status: Widely practiced, no one wants to talk about it.

A TEST OF FINANCIAL INCENTIVES TO IMPROVE WARFARIN ADHERENCE

(Volpp KG. BMC Health Sys Res 2008;8:272)



**RECOMMENDATIONS FOR
WHEN TO START ART
(DHHS Panel on ART 1996-2012)**

Year	WHO	CD4*
1996	CD4	<500
2000	CD4	<200
2006	CD4	<350
2009	CD4	<500
2012	All pts	Any CD4 count

COST OF CARE

**Contemporary costs/yr.
(*AIDS* 2010;24:2705)**

- **HAART – \$12,000**
- **Meds – other – \$2,100**
- **In-patient – \$600**
- **Out-patient – \$400**

Total (Meds) – \$16,600 (72%)

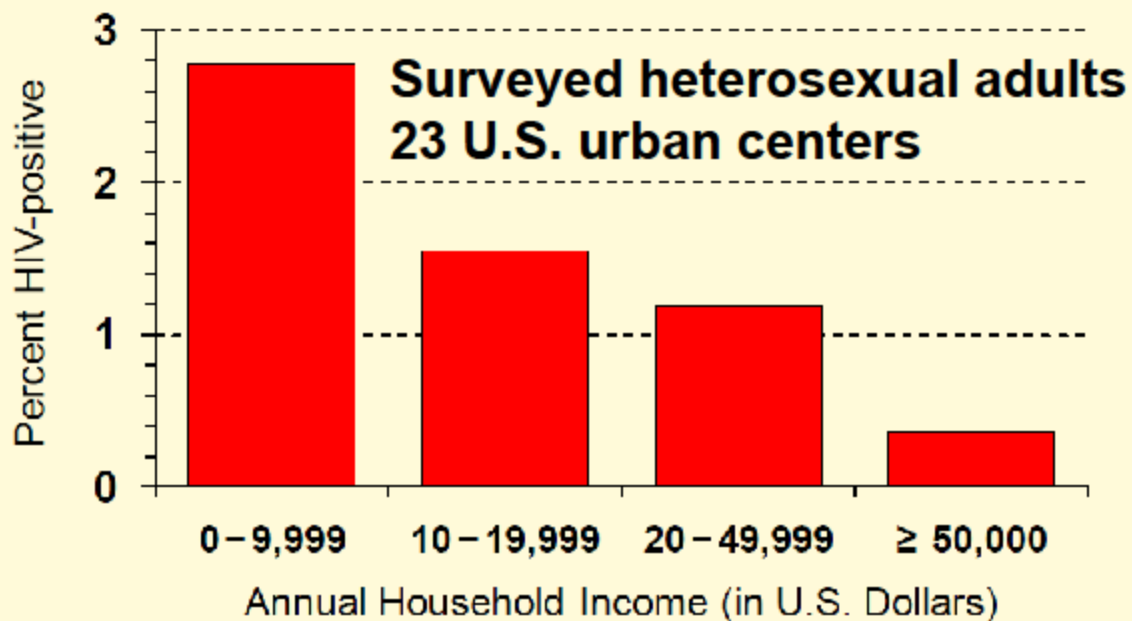
Growth: New infections – 50,000/yr

Deaths – 10,000/yr = 40,000/yr added

Guidelines: Treat all with HIV

Budget: \$16K/yr = \$16B/yr

U.S. HIV Prevalence Rate - NHBS



Data Source: NHBS-HET-1 2006 - 2007.

Source: Denning et al., AIDS 2010 Conference, Vienna Austria, July 2010, Abstract WEPDD101
NHBS - National HIV Behavioral Surveillance System



HIV Priorities and Plan

Healthcare Reform

HIV Funding



HIV/AIDS IN THE US: 2015 GOALS

Reduce new infections

- **Increase known HIV status from 79% to 90%**
- **Increase testing**

Improve access to care

- **Link 85% of newly diagnosed patients to care within 3 months**
- **Increase number in continuous care under Ryan White Care Act**

Reduce HIV-related health disparities

- **Increase proportion of patients with undetectable VL by 20% in minorities (blacks, Latinos, MSM)**
- **“Community viral load”**

Improve coordinated response

White House Office of National AIDS Policy. <http://www.aids.gov/federal-resources/policies/national-hiv-aids-strategy/nhas.pdf>. Accessed January 6, 2011

HEALTHCARE OUTCOMES IN HIV: REDUCING DISPARITIES

(Moore R. CID; in press)

Issue: Major issue in HIV care is retention in care and adherence

Method: Moore Clinic data 1995-2010

N=6,366 Pt/yrs 27,941

Demographics: B – 77%, F – 34%

Risk: IDU-45%; MSM – 30%

Insurance: Private – 15%

Results: Calculated life expectancy at age 28 yrs = 73.4 yrs for all groups – race, gender and risk

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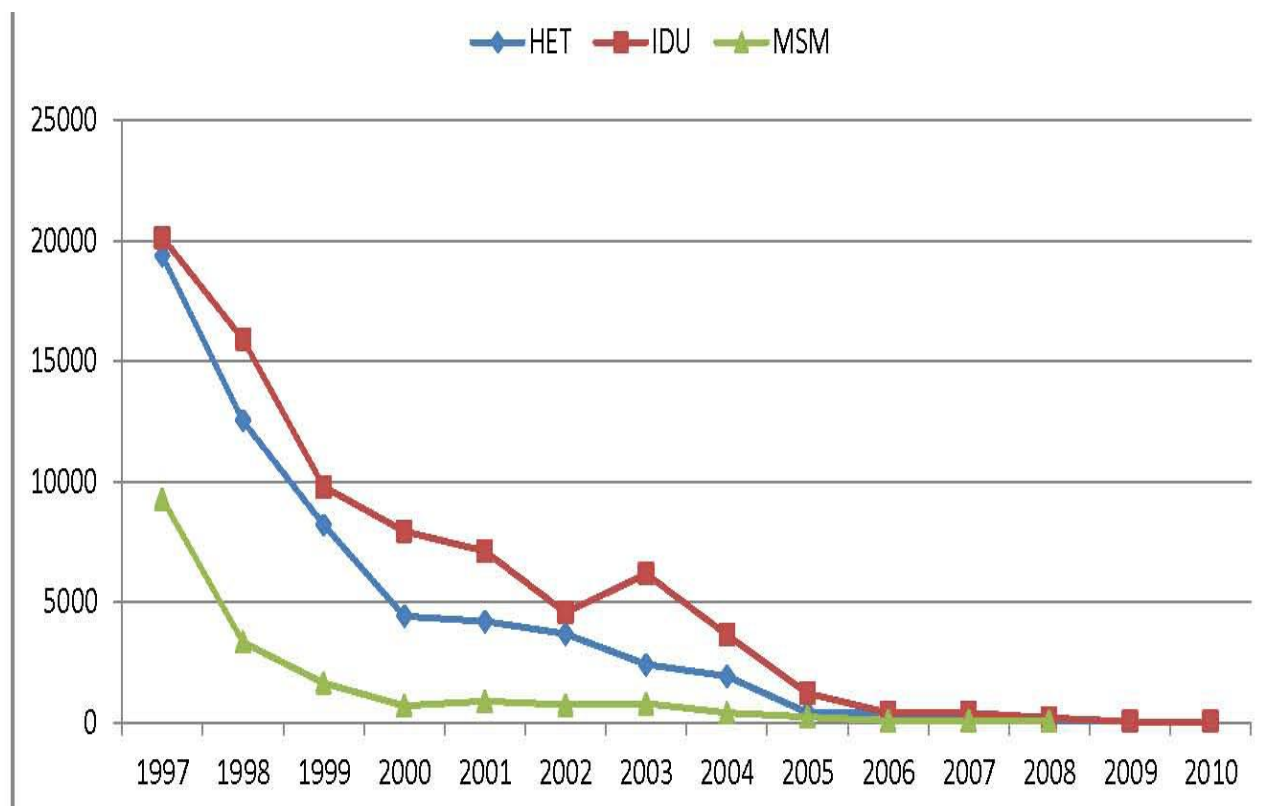
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VL FOR 3 HIV RISK CATEGORIES OVER TIME

(Moore RD. CID 2012; in press)



HIV Viral Load
(Median)

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PRESIDENT OBAMA'S BUDGET REQUEST (4/10/12)

Total: \$3.8 trillion for HIV

Content	Current (FY12)	CHANGE
RWCA-ADAP	\$940M	+\$102M(+10%)
• Part C: Primary Care	\$211M	+\$20M (+10%)
• Part D: Youth/Families	\$78M	- \$8M (-10%)
CDC – disparities	?	+ \$40M
HOPWA	\$330M	- \$2M (-1%)
PEPFAR	\$7.1B	- \$900M (-13%)
Research	\$3.1B	- \$100M (-1%)

WHEN DO CONTEMPORARY (FAVORED) ART AGENTS BECOME GENERIC

FDA approval + 16 years

Years + 16	Agents
2011-	3TC
2012-15	EFV, LPV/r, NVP
2016-18	TDF, FTC, ABC,ATV/r
2019-22	DRV, RAL

HIV PLAN

1. Increase testing

- **Enhance access to testing**
- **Screen positive → directly to care**
- **Retention: Requires multiple services (P4P4P)**

2. ART → reduce community viral load

3. PrEP: Selective use

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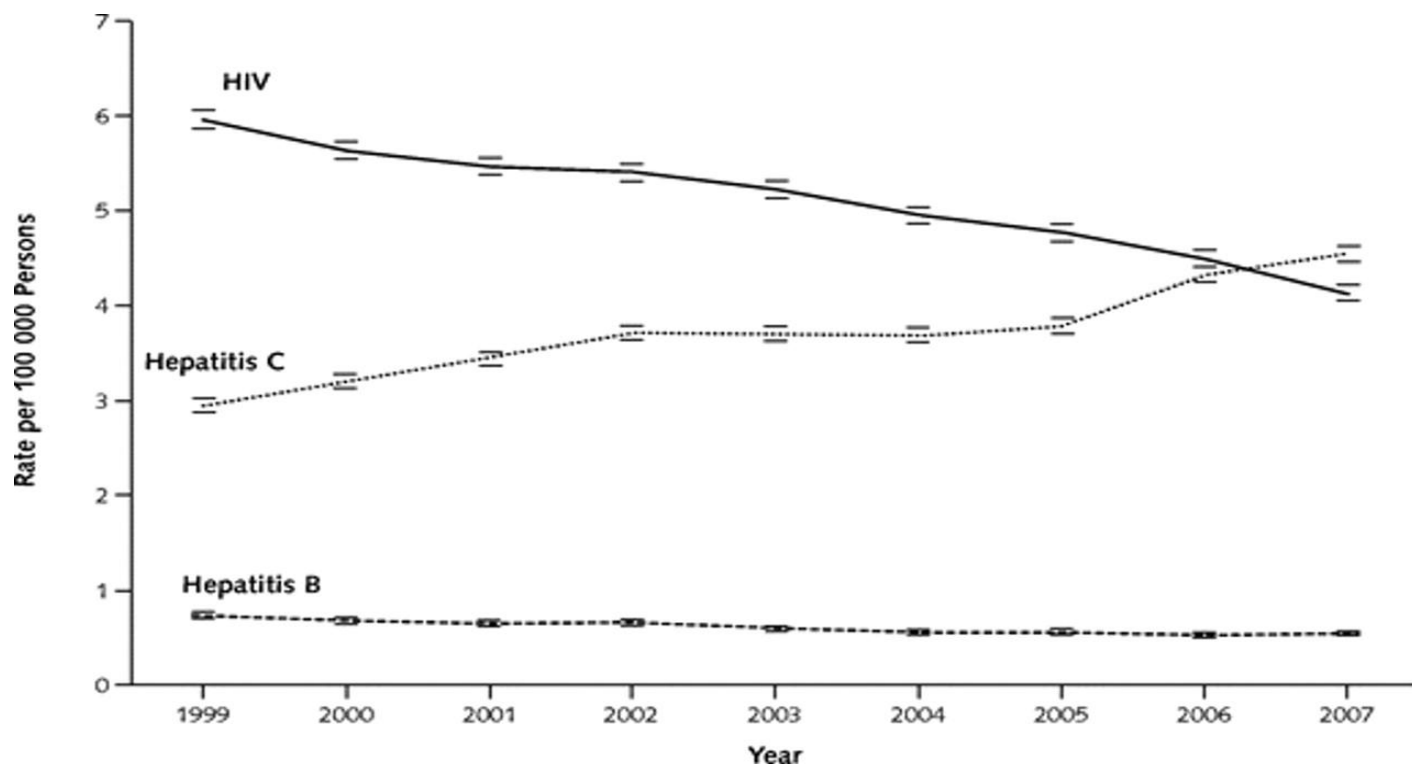
Hepatitis C

Human Papilloma Virus

Conclusions

MORTALITY RATES DUE TO HIV, HCV AND HBV IN US 1999-2007

(Ly KN, et al. Ann Intern Med 2012;156:271-278)



HEPATITIS C

Number infected in Maryland:
95,400 (?)

Number who know it: **40-50%**

Morbidity: **Major cause –**
cirrhosis, liver cancer, liver
transplant (21 deaths/hr)

Why now? **Pipeline loaded**

CELEBRITIES WITH HCV

- Evil Knievel: Motorcycle daredevil**
- Billy Graham: WWF wrestling champ**
- Jack Kevorkian: Physician**
- Laurie Bembenek: Playboy bunny**
- Rolf Benirschke: San Diego Charger**
- Mickey Mantle: Yankee player**
- James Earle Ray: Assassin**
- Benito Mussolini: Dictator**
- Linda Lovelace: Actress**

HOW WILL **HCV** TREATMENT CHANGE?

HCV Treatment

1991: Interferon

1995: PegINF/rib

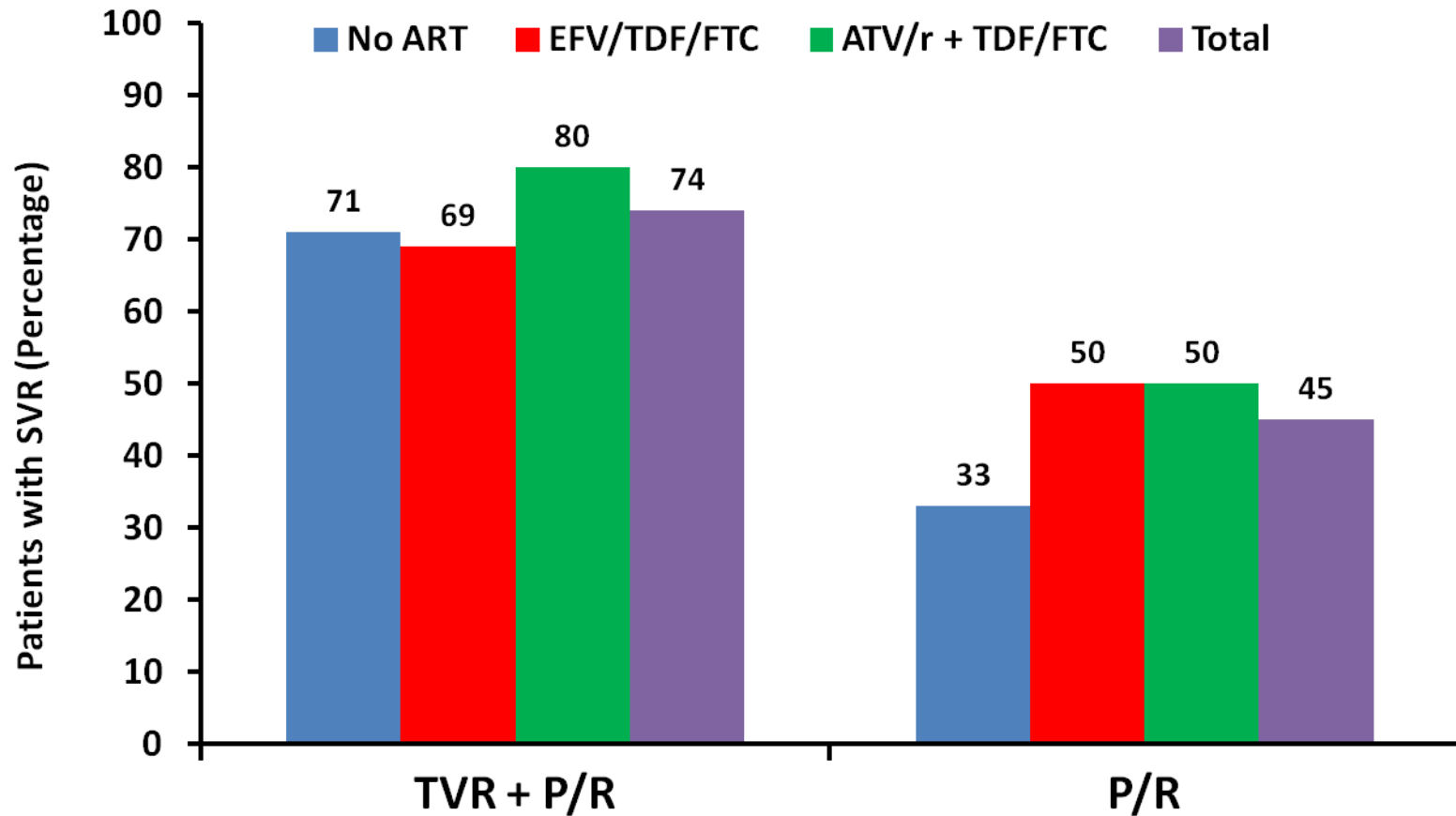
2011: PegINF/rib/PI (TPV, BOC)

+ 57 drugs in development

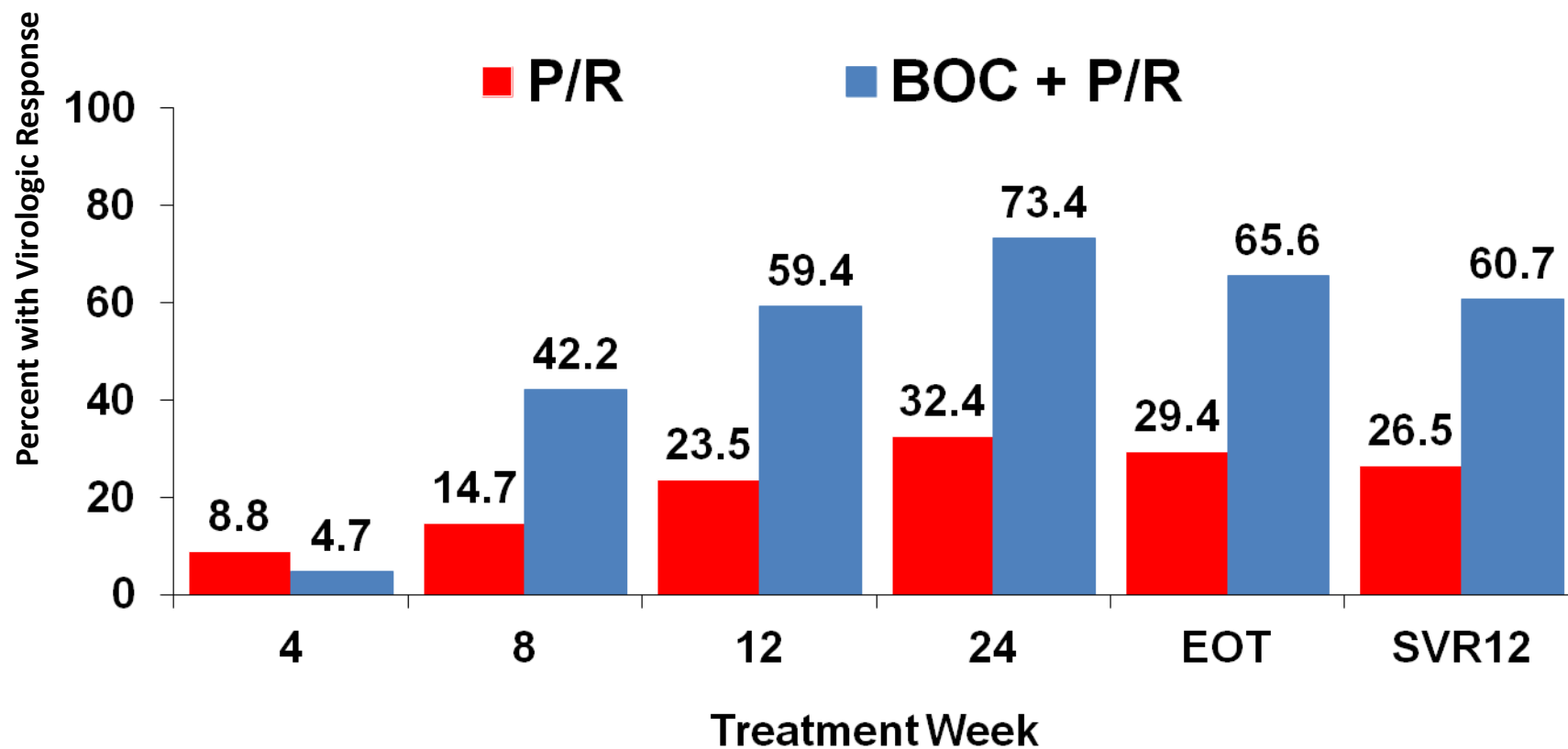
2012: Pipeline – 37 agents

2014: No INF/r, all oral, high cure rates, high cost

Telaprevir + Peg-IFN and RBV: Sustained Virologic Response (SVR12) (Dietrerich D. 2012 CROI; Abstr. 46)



Boceprevir + Peg-IFN and RBV: Sustained Virologic Response (SVR12) (Sulkowski M. 2012 CROI; Abstr. 47)



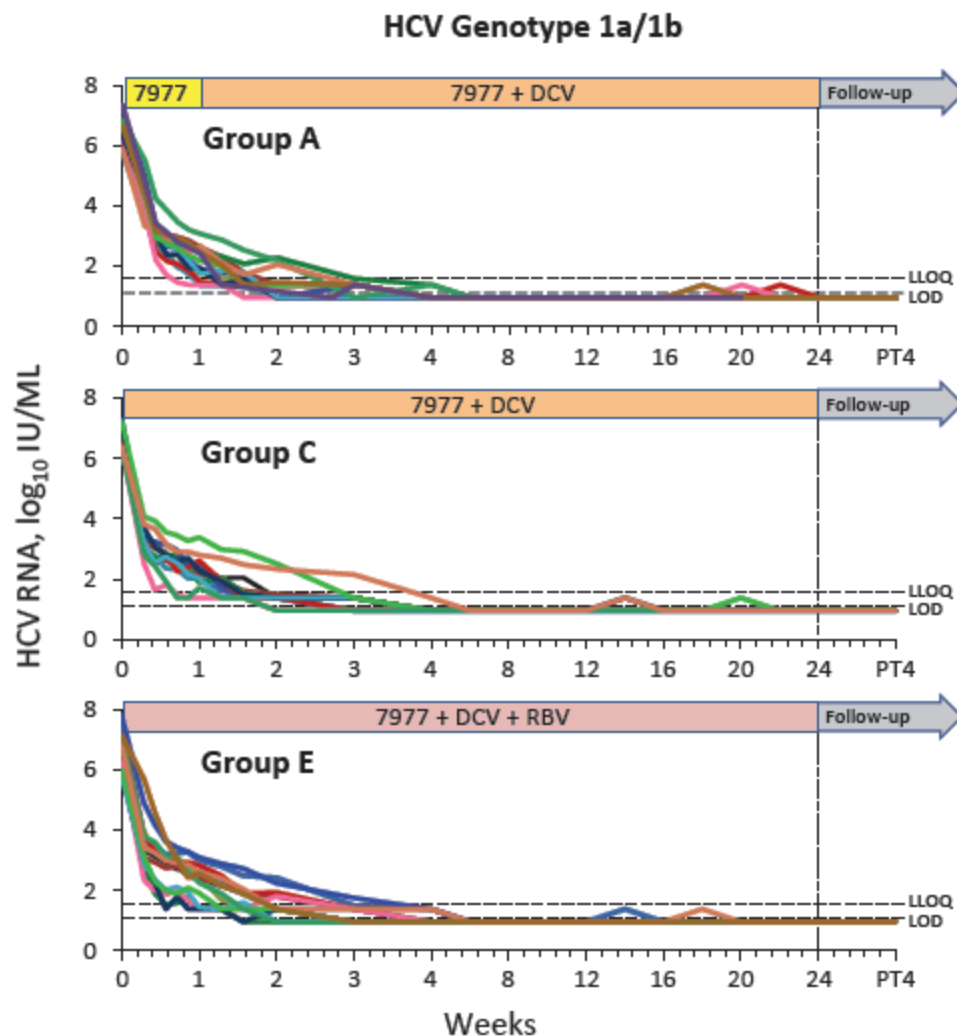
HCV DRUG TREATMENT COST (Maryland ADAP data)

BOC -- \$51,116/course (HCV only)

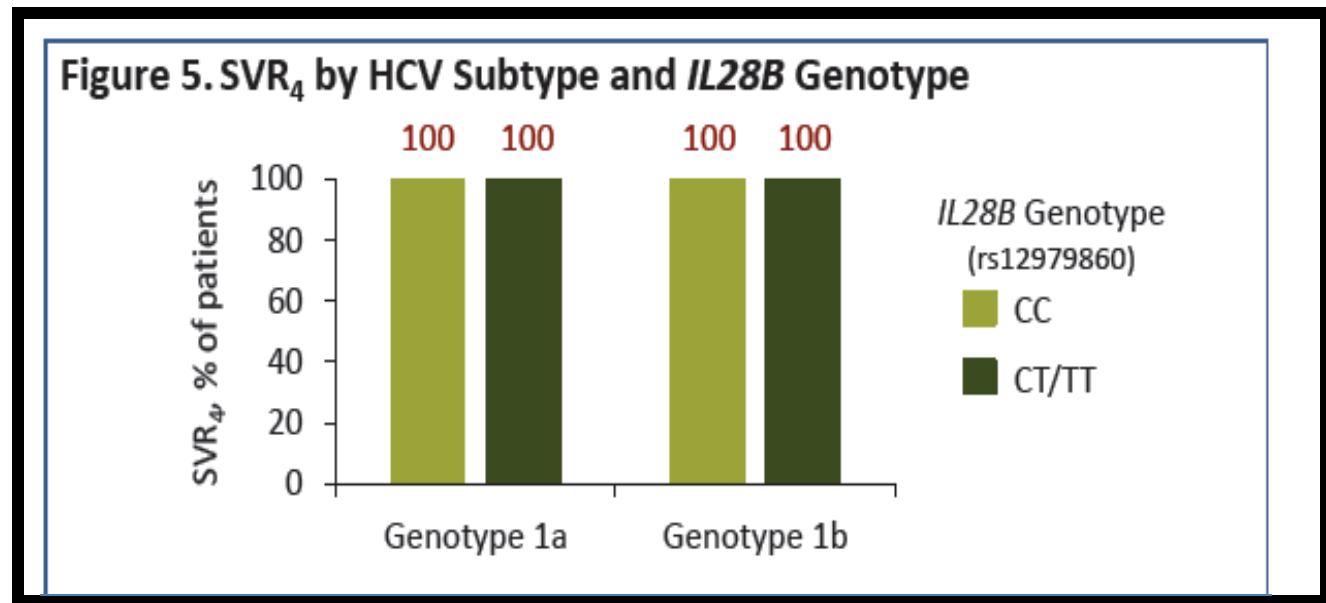
**TVP -- \$51,957/course (HCV only)
\$77,936 with EFV**

GS 7977 (NS5B inhibitor) + Daclatasvir (NS5B inhibitor) in 44 patients with HCV GT1 (Sulkowski M. 47th EASL, Barcelona 4/18/12)

Figure 3. HCV RNA Over Time – Individual Patients



Oral combination GS 7977 + Daclatasvir + ribavirin in patients with HCV GT1 (n=44) (Sulkowski M. EASL, Barcelona, 4/18/12)



EUROPEAN ASSOCIATION FOR STUDY OF LIVER DISEASE (EASL) MEETING SUMMARY (Pawlotsky J-M. 4/22/12, Barcelona Spain)



HEPATITIS C

Testing:

- **Screening: All at risk and all born 1946-64 (CDC)**
- **HCV-Ab → VL, genotype, LFT → Refer**

Treatment: Now or later?

Decision – Fibrosis score and cost/trials

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HPV VACCINE: CDC recs 2012

Vaccines: Cervarix (HPV2) 16/18
Gardasil (HPV4) 6/8/16/18

Recommendations

- **Females: HPV2 or HPV4; 3 doses at age 11-12, catch-up 13-26**
- **Males: HPV4; 3 doses at age 11-12, catch-up 13-26**
- **Immunocompromised: To age 26**
- **MSM: HPV4 to age 26**

EARLY EFFECT OF HPV VACCINE ON CERVICAL ABNORMALITIES IN VICTORIA, AUSTRALIA

(Brotherton, et al. Lancet 2011;377:2085)

**Issue: Australia – quadravalent HPV
vaccine for women 12-26 yrs 2007-09
– ? Impact**

**Method: Cervical cytology Registry data
for 2003-09 vs. 2007-09**

**Results: Significant decrease in
incidence of high grade cervical
abnormalities in girls <18 years**

TRENDS IN INCIDENCE: HGCA

(Brotherton, et al. Lancet 2011;377:2085)

	Age <18		Age 18-20	
	Incidence	P	Incidence	P
Pre-vaccine	0.99		0.99	
Post vaccine	0.87		1.00	
Before vs. after	1.14	0.05	0.99	NS

Note the importance of early vaccine

Potential: Cervical cancer – 529,000/yr – 85% in developing countries

HPV VACCINE AGAINST ANAL HPV INFECTION AND ANAL INTRAEPITHELIAL NEOPLASIA (Palefsky JM. NEJM 2011;365:1576)

Issue: 1) HPV 16/18 are highly associated with anal cancer; 2) anal cancer rates increasing and 3) MSM are at high risk

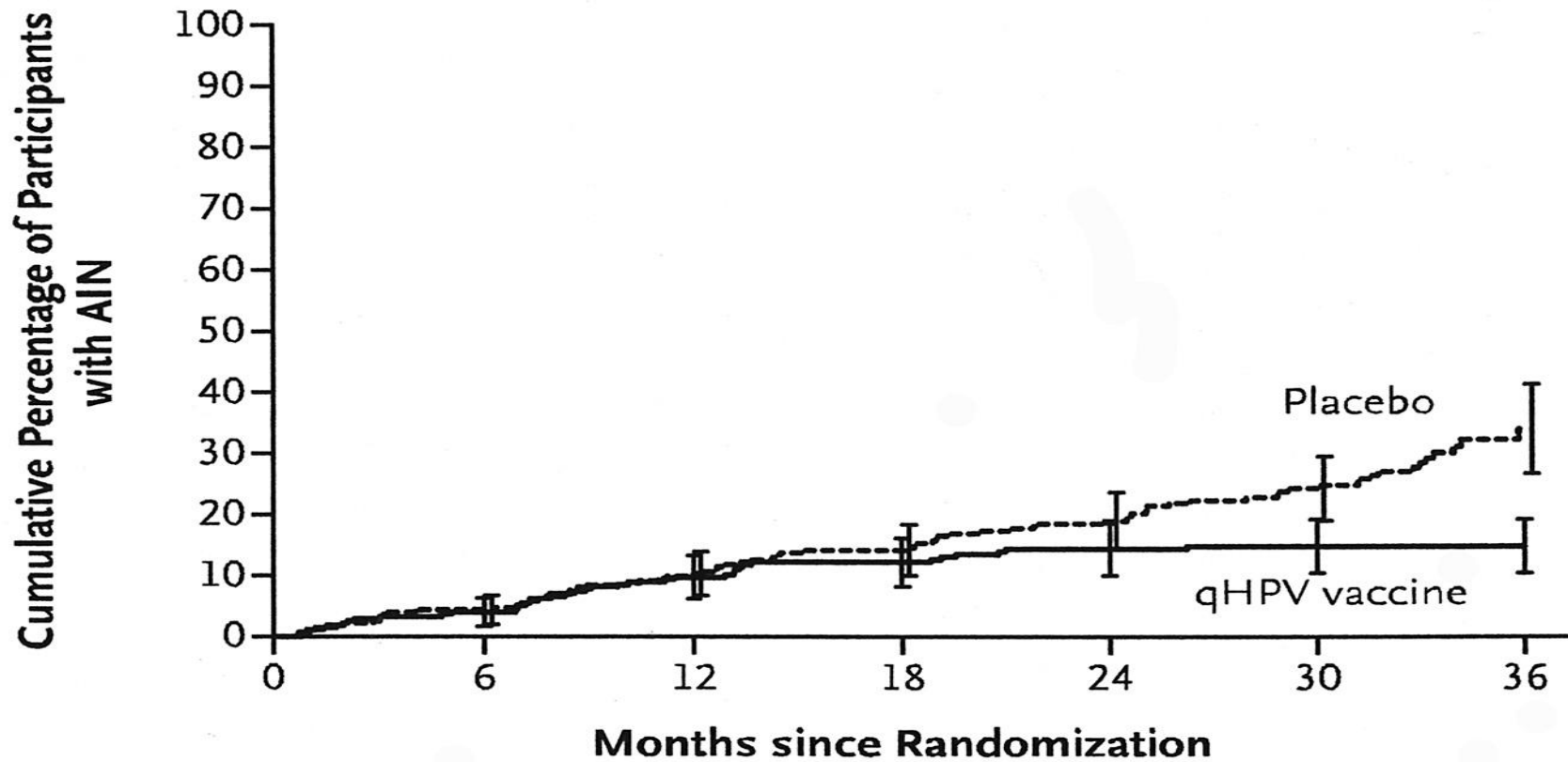
Method: Double blind randomized trial HPV vaccine for 608 MSM (ages 16-26).
Efficacy based on anal intraepithileal neoplasia (AIN) and anal cancer

Results: Rate of grade 2/3 AIN reduced 75%; rate of infection reduced 49%

INCIDENCE OF HPV-6, 11, 16, OR 18 RELATED AIN.

(Palefsky. NEJM Year; 268;365:1576)

B HPV-6, 11, 16, or 18–Related AIN in the ITT Population



No. at Risk

qHPV vaccine	275	264	225	208	191	148	45
Placebo	276	263	236	218	192	146	38

Palefsky: Answers and Comments

Why HPV 6 & 11?

**May cause some low grade AIN but
“Cervirax should be just as good”***

***Note: Survey of teenagers – far greater
concern for genital warts**

Age limit of 26 in MSM?

**Agree with CDC but “reasonable to
individualize”**

VACCINES: COST (AWP-2012)

Vaccine	Cost Single dose	Vaccine Rates
HPV Gardasil Cervarix	\$155 (x3) \$134 (x3)	21% (F)
Influenza	\$ 32	44%
Pneumococcal Pneumovax Prevnar 13	\$ 74 \$145	60% (>65 yrs) —
Zoster	\$192	14%
Tdap	\$ 47	

STI'S: WHAT'S ON THE HORIZON

Overview

Epidemiology

Gonorrhea

HIV/AIDS

Hepatitis C

Human Papilloma Virus

Conclusions

STIs: CURRENT STATUS

Strengths: Commitment and resources –
STIs, HIV, HCV

Issues:

- **STI rates: Race/MSM/City**
- **Antibiotic-resistant GC**
- **HIV: Test, TLC & Retain + Community VL**
- **Resources: CDC, AETC**

Eureka: Public health led effort via
statewide public health/ID services

Thank You

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